

OCCN Meeting Minutes
March 12, 2020
9:30-11:00 am
Stephenson Cancer Center, Room 5058

Attendees:

Alexandra Feld, Andrea Rooks, Angelina Hooper, Carolyn Reconnu-Shoffner, Chantel Hartman, Dana Northrup, Dawn Jelinek, Diana Flood, Heather Carter, Jennifer Gingerich, Jenifer Laizure, Joyce Samuel, Kacy Lowe, Kashlie Olsen, Katie VanFossen, Lindsey Diel, Dr. Mark Doescher, Shantice Adams, Stephanie Pharr, Wendy Ayers

Welcome (9:30am):

Co-Chairperson Andrea Rooks welcomed all members to the meeting and introductions were made by all in attendance.

Opening Discussion

Andrea Rooks:

- 1) Andrea explained how the OCCN Meetings rotate every month. One month only the executive members meet which comprise of the Chairperson, 2 Co-Chairs and all Work Group leads. All Members are invited to the Executive Meeting. The following month is a Members Meeting where all the OCCN Members and OCCN Executive Members meet.
- 2) Fahad Khan presented the Oklahoma Prevention Control Plan 2017-2022. Andrea informed all attendees that the outcomes level data presented to the OCCN Executive Team by Fahad Khan had been attached to the OCCN Smartsheet. Review and discussion of those findings would be gone over during the Work Group portion of the meeting to review the updated data, discuss revisions of targets, etc.
- 3) OCCN members are encouraged to bring their laptops to all future meetings, and to inform their workgroup lead if they do not have access to Smartsheet.
- 4) All attendees were encouraged to contact OCCN Co-Chairs, Andrea Rooks or Katie VanFossen if they have an idea or question to be reviewed in between the meeting dates.

Katie VanFossen:

- 1) Instructed all attendees to look through the data reports and to think about adjusting targets and bench marks where needed.

- 2) Encouraged Members to come up with ideas for meetings to see what works for the committee. All ideas are encouraged and welcomed.
- 3) Katie suggested Work Groups to strategically plan new projects and activities for the committee to work on collaboratively together.

OCCN OPENING DISCUSSION CONT....

Andrea Rooks:

- 1) The George Washington University Cancer page had a Colorectal tool kit for free. Encouragement was given for all to download the information and share with anyone in their circle personal and professionally.
- 2) Draft copy of "Threads of Support" deadline is March 26, 2020. Andrea instructed all to look through the document and add, delete or make any changes. Andrea informed all that if they made a change to inform her of the change. Andrea expressed that this document needs to be kept up to date. There is a possibility that a Student Worker may be assigned to help keep the document current and up to date.

Presentation by Lindsey Diel:

- 1) March is Colorectal Cancer Awareness Month.
- 2) An informational handout on screening options and risk reduction sheet was passed out to refresh all on the screening options and risk reduction.
- 3) Colorectal Cancer is the 3rd most common cancer in the United States and the 2nd highest cause of cancer related deaths in the United States.
- 4) 1/2 of Colorectal Cancer can be prevented by regular screening practices.
- 5) Reviewed some of the Risk: Age 50 and older, Diet (avoid red meat and processed foods). Receive recommended screenings such as Colonoscopy. If screening is negative, screenings are recommended every 10 years. Screenings are suggested starting at the age of 50. Ways to prevent Colorectal Cancer are maintain a healthy weight, be active, have a clean diet, limit alcohol use and get screening as recommended.
- 6) Oklahoma has the highest rate of Colorectal Cancer cases and the lowest rate of screenings.
- 7) Workgroup will meet outside of the OCCN (CRC Task Force) 3:00pm on April 3, 2020. The task force is working on getting more screenings performed.

Workgroups:

The 4 work groups consisting of Lung Cancer & Tobacco Cessation, Breast Cancer, Cervical Cancer & HPV Vaccination, and Colorectal Cancer were informed/encouraged to have work group meetings at different times, as often as needed.

MEETING ADJOURNED (11:00am)