



Services We Offer

- Free Breathe Easy decals to let people know you are a smoke-free property.
- 15" x 15" metal Breathe Easy signs; must meet certain criteria.
- Tenant and Landlord or Property manager resources.
- Sample Smoke-free policies that you can customize to fit your needs.
- Assistance with clean indoor air complaints.



Remember:

There is NO safe level of exposure to secondhand smoke!



breathe easy



123 Robert S. Kerr Ave.
Oklahoma City, OK 73102

405.426.8300 (Main Line)

OnlyAir@health.ok.gov

Oklahoma.gov/health/breatheeasyok



OKLAHOMA
State Department
of Health

They're Legal

Smokefree policies are legal. This includes making any and all areas of your property smokefree. **There is no such thing as a right to smoke.** Smoking is not a protected behavior under any federal, state, or local laws. Residents have successfully sued managers for failing to stop smoke from drifting into their units. Courts in states across the country have found property managers liable when they fail to address problems caused by secondhand smoke.

Non-smokers with breathing disabilities or smoke allergies have legal protection under federal and state laws. They may request reasonable accommodations to protect them from secondhand smoke, and property managers are required to make them.



Second & Thirdhand Smoke

Secondhand smoke (SHS) is the smoke that comes from the burning end of the cigarette or what is exhaled by the smoker. There is also secondhand aerosol which is what is exhaled by a person vaping. **SHS is a Class A and contains at least 70 chemicals known to cause cancer, even to those who have never smoked.** Thirdhand smoke is made up of the chemicals that settle on surfaces when tobacco is smoked or vaped. It can be found on floors, walls, couches, air, clothes, dust, and more. Second and Thirdhand smoke is toxic, especially to pets and small children.

87% of Oklahomans agree that apartment and condominium complexes should provide the option of smoke-free buildings.

Reference: BRFSS 2017, Oklahoma



Protect Your Health

According to the U.S. Department of Health and Human Services, **1 out of every 3 cancer deaths in the U.S. would not happen if nobody smoked.** Nine out of 10 of all lung cancer deaths are due to smoking. Smoking also causes nearly 80% of all deaths from COPD which is irreversible, and the disease may even be brought on by smoking. Smoking can also cause strokes, coronary heart disease, and other cardiovascular diseases.

Smokefree Housing Directory

The Oklahoma Smokefree Housing Directory & Recognition Program is a comprehensive listing of all multi-unit properties in the state of Oklahoma that have adopted a smokefree policy brought to you by the American Lung Association. This program was established to acknowledge properties that have adopted smokefree policies, encourage additional property owners/managers to adopt a smokefree policy and to assist tenants in locating a smokefree property.

Need Help?

Email us at: OnlyAir@health.ok.gov for more information or resources on smoke free living.