

OSDH State WIC/Nursing Conference
 March 27-29, 2023
 Embassy Suites – Norman, Oklahoma

Monday, March 27th

TIME	NUTRITION	CLERICAL	NURSING
7:30 – 8:30am	Registration		
8:30 – 9:00am	Welcome <i>Christina Windrix, Director, WIC Service</i> Opening Remarks <i>Keith Reed, Commissioner of Health</i>		
9:00 – 10:00am	Improv Skills for Work and Life <i>Shana Merlin</i>		
10:00 – 11:00am	Personal Accountability & the QBQ! <i>Kristin Lindeen, MA</i>		
11:00 – 11:15am	Nutrition Break		
11:15 – 11:30am	Exercise Break		
11:30am – 12:30pm	QBQ Cont. <i>Kristin Lindeen, MA</i>		
12:30 – 1:30pm	Lunch on your own <i>Poster Voting</i>		
1:30 – 2:30pm	Diets Don't Work: The Real Science of Weight Loss <i>Diana Rice, RD, LD, CLEC</i>	DEI: Intent vs. Impact <i>Shana Merlin</i>	Panel Discussion COVID 19 – Update and Moving Forward <i>Gitanjali Pai, MD and Aaron Wendleboe, Ph.D.</i>
2:30 – 3:30pm	Weight Stigma <i>Diana Rice, RD, LD, CLEC</i>	How to Support Breastfeeding Mothers <i>Adrianna Halstead, RDN, LD, IBCLC</i>	
3:30 – 4:00pm	Nutrition Break <i>Poster Voting</i>		
4:00 – 5:00pm	Autoimmune Disease <i>Hal Scofield, MD</i>	Adoption Procedures <i>OSDH Records Consultants and Emily Mueggenborg</i>	Acute Disease Update <i>Joli Stone, MPH and Kendra Dougherty, MPH</i>

Tuesday, March 28th

TIME	NUTRITION	CLERICAL	NURSING
7:30 – 8:30am	Registration & Continental Breakfast		
8:30 – 9:30am	Team Dynamics: Are You With the Band? <i>Linda Clark, MHRM, SPHR, SHRM-SCP</i>		
9:30 – 9:45am	Exercise Break		
9:45 – 10:45am	Team Dynamics: Are You With the Band? (continued) <i>Linda Clark, MHRM, SPHR, SHRM-SCP</i>		
10:45 – 11:00am	Nutrition Break		
11:00am – 12:00pm	Creating Resilience Through Trauma Informed Organizations <i>Cheryl Step, MS, LPC, NCC, NCSC</i>	Creating Resilience Through Trauma Informed Organizations <i>Cheryl Step, MS, LPC, NCC, NCSC</i>	Safe & Strong: Serving Families in Foster Care <i>Deborah Shropshire, MD</i>
12:00 – 1:00pm	Lunch on Your Own		
1:00 – 2:00pm	A New Paradigm for Depression in New Mothers <i>Kathleen Kendall-Tackett, PhD, IBCLC, FAPA</i>	The Roots of Collective Well-being <i>Cheryl Step, MS, LPC, NCC, NCSC</i>	Pediatric Rash Illnesses <i>Donna Tyungu, MD</i>
2:00 – 3:00pm	Why Breastfeeding Prevents Maternal Metabolic Syndrome and Cardiovascular Disease <i>Kathleen Kendall-Tackett, PhD, IBCLC, FAPA</i>	We Are the Champions! We Will Rock You! <i>Linda Clark, MHRM, SPHR, SHRM-SCP</i>	Vaccine Confidence <i>Savannah Stumph, DO</i>
3:00 – 3:15pm	Nutrition Break		
3:15 – 3:30pm	Exercise Break		
3:30-4:00pm	Laura K Savage Nutrition Education Awards New eWIC Card Announcement		
4:00– 5:00pm	The Resilience Factor <i>Sam Glenn</i>		
5:00– 5:15pm	Closing Remarks <i>Amy Gaither, Director, Nursing Service</i>		

Wednesday, March 29th

TIME	BREASTFEEDING SYMPOSIUM
7:30 – 8:30am	Registration & Continental Breakfast
8:30 – 9:45am	Understanding Disparities and the Historical Significance of Breastfeeding in Communities of Color <i>Rue Khosa, ARNP, FNP-BC, IBCLC</i>
9:45 – 10:00am	Exercise Break
10:00 – 11:00am	Trauma and Breastfeeding <i>Kathleen Kendall-Tackett, PhD, IBCLC, FAPA</i>
11:00 – 11:15am	Nutrition Break
11:15am – 12:15pm	Supplementation: A Goldilocks Dilemma <i>Alyssa Schnell, IBCLC</i>
12:15 – 1:30pm	Lunch on your own
1:30 – 2:30pm	Cannabis Use During Pregnancy and Breastfeeding <i>Kathleen Kendall-Tackett, PhD, IBCLC, FAPA</i>
2:30 – 2:45pm	Nutrition Break
2:45 – 3:00pm	Exercise Break
3:00 – 4:00pm	Unique Needs for Non-Gestational Parents <i>Alyssa Schnell, IBCLC</i>
4:00 – 4:30pm	Closing Remarks and Evaluations

Wednesday, March 29th

TIME	NURSING SYMPOSIUM	
7:30 – 8:30am	Registration & Continental Breakfast	
8:30 – 9:30am	The Brain Talk <i>Autumn Cooper, MBS, LPC-S, IMH-E® (III), THREAD Coordinator, OSDH</i>	Male/Female Exam Trainer Class <i>(Preselected participants only), OSDH</i>
9:30 – 9:45am	Break	
9:45 – 10:45am	The Brain Talk (continued) <i>Autumn Cooper, MBS, LPC-S, IMH-E® (III), THREAD Coordinator, OSDH</i>	Male/Female Exam Trainer Class <i>(Preselected participants only)</i>
10:45 – 11:00am	Nutrition Break	
11:00am – 12:00pm	TB Update <i>Amy Hill, RN and Charles Harvey, DO</i>	
12:00 – 1:30pm	Lunch on your own	
1:30 – 2:30pm	Legal Block <i>Mykel Frye, Deputy District Attorney, Oklahoma County and Joshua Anderson, Interim General Counsel, OSHD</i>	
2:30 – 2:45pm	Exercise Break	
2:45 – 3:00pm	Nutrition Break	
3:00 – 3:30pm	Nursing Service Awards and Nursing Services Updates	
3:30 – 4:00pm	Closing Remarks and Evaluation	