

OKLAHOMA Personal Responsibility Education Program

What is the Personal Responsibility Education Program?

The Oklahoma Personal Responsibility Education Program (PREP) helps educate young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including HIV/AIDS.

State PREP projects replicate effective, evidence-based program models or substantially incorporate elements of effective programs that have been proven to delay sexual activity and reduce pregnancy and STIs among youth. Oklahoma PREP is administered by trained health specialists in Oklahoma County and Tulsa County to primarily middle school and high school students.



EVIDENCE-BASED CURRICULA IMPLEMENTED

- Making a Difference
- Making Proud Choices
- Positive Prevention Plus
- Love Notes

DURING THE 2022-2023 SCHOOL YEAR

3,285

students were administered
the evidence-based curricula

71%

of the students attended 75%
or more of the program

2,324

students completed
the exit survey

Program Effects

(among students who took the exit survey)



Self-management



66.1%

were more likely to make decisions to not use drugs and alcohol



67.1%

were more likely to think about the consequences before making a decision

Knowledge & Intent



81.4%

were more likely to better understand what makes a relationship healthy



74.6%

were more likely to resist or say no to someone if they were pressured to participate in physical intimacy

Communicating With Their Parent or Guardian



54.4%

were more likely to talk about things going on in their life



41.3%

were more likely to talk about physical intimacy

Planning For The Future



74.2%

were more likely to make plans to reach their goals