



# Celebrating Parent Leadership

National Parent Leadership Month



## Parent Leadership Can Show Up As...

- Sharing lived experience when it feels safe or helpful
- Asking questions or raising concerns based on real needs
- Offering encouragement or support to other families
- Participating in meetings, groups, or conversations when possible
- Observing, listening, and contributing in quieter ways
- Stepping forward at times and stepping back at other
- Engaging in ways that fit personal capacity and season of life



## What Helps Parent Leadership Feel Supported

- Being listened to without pressure, assumptions, or expectations
- Having multiple ways to participate, including informal options
- Clear communication about purpose, roles, and next steps
- Respect for time, energy, and personal boundaries
- Follow-up that shows input was heard and considered
- Opportunities to re-engage after time away
- Space to contribute without needing to “perform” leadership



**When you see a parent leader, use these tools as a way to celebrate their leadership**



Parent Leadership  
Month Activity Calendar



Parent Leadership  
Month Certificate



OKLAHOMA  
State Department  
of Health

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