



Breastfeeding Laws

National Law 2010 - Breaktime for Nursing Mothers

Employers shall provide reasonable breaktime and a private place for an employee to express breast milk for her nursing child for one year.

Oklahoma Law 2004 - Breastfeeding in Public & Jury Duty

Mothers have the right to breastfeed anywhere. They have a right to be excused from jury duty upon request.

Oklahoma Laws 2020 - Breaktime for State Employees

State agencies/state-owned public buildings shall provide workers paid breaks to express milk or breastfeed in a private, clean place with a locking door, chair, table/surface and electric outlet.

Oklahoma Law 2021 - Breaktime for Public School Employees

Public school teachers and employees are given paid, protected breaktime to pump. School districts shall make a reasonable effort to provide a private, secure and sanitary room where an employee can express milk or breastfeed.

Have you visited a public place that was breastfeeding friendly? We will send a thank you.

Do you work for a business that supports breastfeeding employees? We will send a thank you and can help them become recognized as a breastfeeding friendly employer.

Have you been asked to leave a public place or were not supported at work because of breastfeeding? We will reach out and encourage breastfeeding support with information about the laws.

Please Tell Us: 1-888-655-2942

Oklahoma Breastfeeding Hotline

Talk to an IBCLC for Free

1-877-271-MILK(6455) or Text OK2BF to 61222



OKLAHOMA
State Department
of Health



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