Oklahoma Lactation Consultant

RESOURCE GUIDE
Oklahoma Lactation Consultant

Resource Guide

2023

Information updated August 2023

A section for breastfeeding classes and support groups is included.

An electronic version of this guide is available on the Oklahoma State Department of Health Breastfeeding Information and Support website at www.oklahoma.gov/health/breastfeeding, the Coalition of Oklahoma Breastfeeding Advocates (COBA) website at www.okbreastfeeding.org, and the Oklahoma Breastfeeding Resource Center at https://obrc.ouhsc.edu/

The Oklahoma Lactation Consultant Resource Guide has been designed to inform you of International Board Certified Lactation Consultants who are available to assist nursing mothers, their families and partners, as well as expecting parents and health care providers in need of breastfeeding support and information.

We have made every effort to include accurate information in this guide. If your name or facility is not listed or the information is inaccurate, please contact us to make this correction.

Click here to update your information or send updates and corrections to:

Oklahoma State Department of Health
WIC Service
123 Robert S. Kerr, Suite 1702
Oklahoma City, OK 73102
Breastfeeding Helpdesk: 405-426-8502
OSDH.WICBreastfeedingHelpdesk@health.ok.gov

DISCLAIMER

The Oklahoma State Department of Health has made efforts to supply current and accurate information. However, no guarantee is made regarding the content of this publication, especially as information might be altered by forces beyond the control of OSDH.

Cover image courtesy of Ken Tackett with Preclarus Press.
An **International Board Certified Lactation Consultant** (IBCLC) is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs are certified by the International Board of Lactation Consultant Examiners, Inc. (www.iblce.org) under the direction of the U.S. National Commission for Certifying Agencies. IBCLCs work in a wide variety of health care settings, including hospitals, pediatric offices, public health clinics, and private practice.

**How to use this Oklahoma Lactation Consultant Resource Guide….**

- To find a lactation consultant, breastfeeding class, or support group in your area, use the regional area map below.
- Contact information is listed per regional area.
Have breastfeeding questions?

Contact the Oklahoma Breastfeeding Hotline!

Call: 1-877-271-6455 (MILK) or Text: OK2BF to 61222
to speak (for free!) to an International Board Certified Lactation Consultant (IBCLC) 24 hours a day, 7 days a week, 365 days a year.

Text to opt-in and receive messages from the Hotline.
Staff reply to all non-urgent questions 7a -7p.
Urgent calls/texts are returned 24/7.
You may have to pay for texting from your cell service. 

THE OKLAHOMA BREASTFEEDING HOTLINE IS AN OKLAHOMA BREASTFEEDING RESOURCE CENTER PROGRAM SUPPORTED BY THE MATERNAL AND CHILD HEALTH SERVICES TITLE V BLOCK GRANT AND THE OKLAHOMA STATE DEPARTMENT OF HEALTH (OSDH)
Oklahoma City Area

Athena Lactation's Breastfeeding Support
405-289-8891
Online Class
Organization name: Athena Lactation
Leader: Holly Skinner, BS, IBCLC/RLC, CLC, ALC
Email: athenalactation@gmail.com

Basics of Breastfeeding
405-752-3586
Mercy Hospital Breastfeeding Class
4300 W. Memorial Road
Oklahoma City, OK 73120
Leaders: Allison Quiroz

Breastfeeding Class
405-963-3381
2940 NW 50th St
Oklahoma City, OK 73112
Organization name: The Oklahoma City Lactation Clinic
Leader: Jessica Cheatwood, IBCLC, HBCE
Email: info@oklahomalactationconsultant.com

Cookies and Milk- Breastfeeding Support Group
405-942-2008
3530 N. MacArthur
Oklahoma City, OK 73122
Leaders: Brittany Wheaton, MS, RD, LD, IBCLC
Organization Name: NSO (Neighborhood Services Organization) WIC
Hours: Last Friday of every month at noon
Languages: Spanish and English

Integris Southwest Prenatal Breastfeeding Class
405-644-5242
4401 S. Western
Oklahoma City, OK 73109
Leader: Cindy Laney, RN, IBCLC
Organization Name: Integris Southwest

La Leche League of Cleveland County Families
405-585-MILK
https://www.lllok.org/cleveland-county--norman.html
https://www.facebook.com/LLLCCF

La Leche League Groups of Oklahoma
LLLOK.ORG
https://www.facebook.com/LaLecheLeagueOK
La Leche League of Mustang/Yukon
https://www.lllok.org/mustangyukon.html
https://www.facebook.com/MustangYukonLaLecheLeague
Alexis - 806-729-7804 voice or text
Rebecca - 405-324-2653 voice only
Suzy - 405-324-2122 voice only

Los Lazos de Lactancia
Leader: Cyndi Garcia, IBCLC
Organization Name: Los Lazos de Lactancia
Email: loslazosdelactancia@outlook.com
Languages: English and Spanish
For more information search Facebook for “Los Lazos de Lactancia”

Mother Baby University
SSM Health St Anthony Hospital - Shawnee
405-214-1556
1102 West McArthur
Shawnee, OK 74804
Leaders: Charli Hull, RN, BSN, IBCLC
Information: This class discusses what to expect during your hospital stay and breastfeeding education.

Oklahoma Breastfeeding Hotline
Oklahoma Breastfeeding Resource Center
1-877-271-6455
920 Stanton Young Blvd., WP, #2230, OKC, OK 73104
Leader: Jaclyn Huxford, RDN/LD, IBCLC, Manager; Britney Schwarz, IBCLC; Cassidy Hale, RN, IBCLC; Charissa Larson, MS, IBCLC; Jessica Ryans, RN, IBCLC; Kate Copass, RNC-OB, IBCLC; Keri Hale, RD/LD, IBCLC; Mariana Orozco, IBCLC

Prenatal Breastfeeding Class
The Children’s Hospital at OU Medical Center
405-271-2001   EXT 40946
1200 Children’s Avenue
Oklahoma City, OK 73104
Leader: Janet Jarvis, RN, BSN, IBCLC

Prenatal Breastfeeding Class
Norman Regional
405-307-1777
901 N Porter Ave.
Norman, OK 73071
Leader: Amanda Ellis, RN, IBCLC
Hours: Find the updated class schedule at https://www.normanregional.com/services/women-s-and-children-s-labor-and-delivery
**Prenatal Breastfeeding Education**
405-326-9618
1745 NW 16th St Ste A
Oklahoma City, OK 73106
Organization name: Peaceful Roots Doula at Thrive Mama Collective
Leader: Ashley Kula-Imtiaz, IBCLC
Email: ashley@peacefulrootsdoula.com

**Successful Breastfeeding**
INTEGRIS Baptist Medical Center
405-949-3254
3300 NW Expwy
Oklahoma City, OK 73112
Leaders: Brittany Gjesvold, RN, IBCLC; Michelle Smith, RN, IBCLC; Vicky Harter, RN
Information: Online class offered on Saturday's via Microsoft Teams.

**Virtual Breastfeeding Class**
Breastfeeding Telehealth of Oklahoma
405-633-6027
Leader: Anita Wingfield, RN, MS, IBCLC
Email: anita.wingfield@breastfeedingoklahoma.com

**What do you Know About Breastfeeding?**
Oklahoma Breastfeeding Resource Center
1-877-271-6455
920 Stanton Young Blvd., WP, #2230, OKC, OK 73104
Leader: Jaclyn Huxford, RDN/LD, IBCLC
Class information: FREE Online Breastfeeding Education in English and Spanish - [https://obrc.ouhsc.edu/](https://obrc.ouhsc.edu/)

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**North Central Area**

**Childbirth, Infant Care and Breastfeeding Education Class**
Alliance Health Woodward
580-254-8654
900 17th St
Woodward, OK 73801
Leader: Shala McIntosh, RN, BSN, IBCLC

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**Southwest Area**

**Bethany E. Breastfeeding Support**
Bethany E. Birth Services
580-609-0529
217 N. Main
Altus, OK 73521
Email: doula@bethanyephotography.com
Breastfeeding Support Group at WIC
Comanche County Health Department
580-248-5890
1010 SW Sheridan
Lawton, OK 73505
Leader: Lauren Hickman, RD, LD, IBCLC

Latched By Kimberly Basic Breastfeeding Class
Latched By Kimberly, LLC
580-475-6853
306 Oak St.
Elgin, OK, 73538
Email: latchedbykimberly@gmail.com

Prenatal Breastfeeding Class
Comanche County Memorial Hospital
580-250-5253
3401 West Gore Blvd.
Lawton, OK 73505
Infant Feeding Resource Center
Leader: Mikki Young, LPN & Kate Copass, RNC-OB, IBCLC
Hours: Our Prenatal classes are by registration only; contact 580-250-5253 to register for the class.
Class Size is limited

The Breast Way
Duncan Regional Hospital
580-251-6899
1407 N. Whisenant
Duncan, OK  73533
Leaders: Jessica Ryans, RN, IBCLC
The Breast Way is a prenatal breastfeeding class offered every other month

South East Area

Breastfeeding: What to Expect
Choctaw Nation WIC Program
580-916-9140 ext. 83854
1803 Chukka Hina
Durant, OK 74701

Prenatal Class – Women’s Clinic
Chickasaw Nation Medical Center
580-421-6200
1921 Stonecipher Blvd
Ada, OK 74820
Leader: Amanda Fowler LPN, IBCLC, CCE
Virtual Breastfeeding Class
Nurturing Mamas Network
918-916-9896
800 12th Ave Northwest
Ardmore, OK
Leader: Anita Wingfield, RN, MS, IBCLC
Email: felicia@nurturingmamasnetwork.com

Virtual Prenatal Breastfeeding 101
Chickasaw Nation WIC
580-399-2000
Ada, OK
Leader: Laura Robinson, IBCLC, RLC
laura.robinson@chickasaw.net
Hours: Classes are on Zoom, email for the link

Virtual Prenatal Breastfeeding 101
Chickasaw Nation WIC
580-222-9501
Ardmore, OK
Leader: Reva Howell, CLS
Reva.Howell@chickasaw.net
Hours: Classes are on Zoom, email for the link

North East Area

Bailey Babies Breastfeeding Class
Bailey Medical Center
918-376-8268
10502 N. 110th East Ave
Owasso, OK 74055
Leader: Whitney Noble, RN, CCE, IBCLC
Sign up for Breastfeeding class at https://baileymedicalcenter.com/events/breastfeeding-class

Breastfeeding 101 and Amamandtando a Su Bebé
Tulsa Health Department- Connect First Lactation
918-779-6953
5330 E 31st St
Tulsa, OK 74135
Leader: Kyla Pfannenstiel, RN, BSN, IBCLC
Languages: English and Spanish
Free monthly class via Zoom

Breastfeeding Basics
Saint Francis Hospital South
918-494-2229
10501 E 91st Street South
Tulsa, OK 74133
Leader: Aimee Hansen, RN, BSN, CCE
Breastfeeding Basics
Saint Francis Hospital
918-494-BABY (2229)
6161 S. Yale Avenue
Tulsa, OK 74136
Leaders: Aimee Hansen, RN, BSN, CCE
Register for classes online: www.saintfrancis.com

Breastfeeding Basics
Ascension St. John Medical Center
918-744-2681
1923 S. Utica Ave
Tulsa, OK 74104
Leader: Susan Reeder, MSN, RN, IBCLC
Hours: Class is once per month on the third Tuesday at 6pm. Parents can also sign up for this class by going to healthcare.ascension.org and clicking the link on the page "Find a Class or Event."

Breastfeeding Basics
Hillcrest Hospital South
918-294-4239
8801 S. 101st East Avenue
Tulsa, OK 74133
Leaders: Cassidy Hale, BSN, RNC-OB, IBCLC; Ranay Bedard, RN, IBCLC

Breastfeeding Class
Hillcrest Helmerich Women's Center
918-579-8018
1120 South Utica Avenue
Tulsa, OK 74104
Contact: Sharon Bauer, RN, IBCLC; Rebecca Onyirioha, RN, MSN, IBCLC; Karen Stockwell, RN, BSN, IBCLC; Roberta Tyler, RN, BSN, IBCLC
Hours: First Monday of the month at 6:30 pm

Breastfeeding Class
Stillwater Medical Center
405-742-5553
1323 W. 6th Ave
Stillwater, OK 74074
Leader: Jeanne Campbell BSN, RNC, IBCLC

Breastfeeding Education Class
Cherokee Nation WW Hastings Hospital
918-458-3649
100 S Bliss
Tahlequah, OK 74464
Leader: Lauri Hickman MSN, RN, IBCLC, CCE
Breastfeeding Essentials
Innovations Family Wellness
918-398-3586
7503 W 60th Pl N
Tulsa, OK 74126
Leaders: Montika Collins, IBCLC, CLC, RN, BSN, MA; T’Kia Walterschied, CLC, Doula
Email: hello@ifwinc.org

La Leche League of Tulsa
La Leche League meetings are informal family-to-family exchanges of information and support, facilitated by a Leader. Visit https://llloftulsa.org/meetings/ to find out about current days and times of our monthly online and in-person meetings. La Leche League Leaders are volunteer peer counselors trained to help parents strategize how to meet their breastfeeding goals. Information on how to reach a Leader for meeting details or one-on-one help is at https://llloftulsa.org/leaders/.

Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families
Leader: Sierra D. Elsey, DNP, BSN, BSHS, RN, IBCLC
Hours: Search “Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families” on Facebook for more information

Mom & Baby Talk
TCCHD Central Regional Health Center
918-582-9355
315 S. Utica Avenue
Tulsa, OK 74104-2203
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English and Spanish

Mom & Baby Talk
TCCHD James O. Goodwin Health Center
918-582-9355
5051 South 129th East Avenue
Tulsa, OK 74134
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English

Mom & Baby Talk
TCCHD South Peoria
918-582-9355
6404 S Peoria
Tulsa, OK74136
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English & Zomi

Mom & Baby Talk
TCCHD North Regional Health & Wellness Center
918-582-9355
5635 N Martin Luther King Blvd
Tulsa, OK 74126
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English
Mom & Baby Talk
TCCHD Mingo WIC
918-582-9355
9924 E 21st St
Tulsa, OK 74129
Leaders: Janet Potts, RD/LD; WIC Breastfeeding Peer Counselors
Languages: English & Spanish

Prenatal Breastfeeding Class
INTEGRIS Health Miami Hospital
918-919-2708
200 2nd S.W.
Miami, OK, 74354
Leaders: Emily Burkybile, IBCLC
Additional information: Classes alternate monthly between Integris Miami & Grove
Oklahoma City Area

Private Practice

Ally Lactation
405-849-5624
9901 North May Avenue, Suite 110
Oklahoma City, OK  73120
Daree Willman, RN, IBCLC; Donna Hendrix, RNC, IBCLC;
Sarah Bendure, RN, IBCLC
Website: www.allylactation.com
Email: info@allylactation.com
Visits: within 10 miles of clinic
Hours: Monday-Saturday by appointment only
Specialty: All breastfeeding/chestfeeding parents
Additional information: We are contracted with The Lactation Network for insurance coverage.
You can visit the following site to see if we are contracted with your insurance:
https://go.lactationnetwork.com/AllyLactation

Array Nutrition & Lactation
405-215-9248
In-Home or Telehealth Services Only
(No office location) OKC
Wendy Wilson, RDN/LD, IBCLC
Visits: Home visits within 30 miles
Medicaid provider and files with Private Insurance

Athena Lactation, LLC
405-289-8891
Oklahoma City area
Holly Skinner, BS, IBCLC/RLC, CLC, ALC
Visits: Home visits within 25 miles by appointment
Specialty: Back to breast, 0-2 years
Hours: Varies
Email: athenalactation@gmail.com
Becky Drevets, IBCLC  
405-367-3886  
P.O. Box 2341  
Edmond, OK 73083  
Becky Drevets, RN, IBCLC  
Email: Hello@beckydrevetsibclc.com  
Visits: Inpatient, Outpatient, Home Visits within 30 miles  
Hours: Monday-Friday 9a-5p  
Specialty: Prenatal through weaning; NICU grads; breast refusal; bottle refusal; painful latch; never latch  
Additional Information: Becky is associated with The Lactation Network. Interested clients can check their insurance through this network for possible lactation coverage. All other clients will be provided a detailed receipt for insurance possible reimbursement.

Breastfeeding Telehealth of Oklahoma  
405-633-6027  
Anita Wingfield, RN, MS, IBCLC  
Hours: Evenings and weekends  
Email: anita.wingfield@breastfeedingoklahoma.com  
Visits: Outpatient, Home visit within 10 miles  
Specialty: Newborns  
Files with private insurance

Comprehensive Lactation Consulting  
405-863-4461  
Norman, OK  
Holly Frantz, BSN, MSN, WHNP-BC, IBCLC  
Hours: All  
Visits: Home visits within 150-mile radius by appointment  
Specialty: Newborn – 4 years  
Email: morethanmilk@yahoo.com

Epiphany Birth Services, LLC  
405-283-8464  
1745 A NW 16th Street  
Oklahoma City, OK 73106  
Farah Antoine-Mayberry, OT, IBCLC  
Hours: Monday-Friday 8:00 a.m.- 6:00 p.m.  
Specialty: Pediatrics  
Visits: Outpatient  
Email: Farah@EpiphanyBirthServices.com  
Website: Visit www.EpiphanyBirthServices.com to make an appointment  
Languages: English and French  
Files with private insurance
Lactation by Cathie
405-824-9801
Jones, Oklahoma
Cathie Price, IBCLC, RLC
Hours: By appointment only
Private pay only with a sliding scale for those on Medicaid

Little Love Lactation & Feeding
405-916-9972
801 W 33rd St, PO Box 8282
Edmond, OK 73083
Erin Prater-Blount RN, BSN, IBCLC
Visits: Home visit within 50 miles
Hours: Mon 9:00 AM - 3:30 PM; T/W/F 9:00 AM - 5:00 PM, Th 9:00 AM - 4:30 PM
Specialty: birth to 2 years

miLC, Maternal & Infant Lactation Consulting
405-349-6452
Norman, OK
Lindsay Crossley MS, RD/LD, IBCLC; Janet Jarvis, RN, BSN, IBCLC
Visits: Outpatient, Home visit within 30 miles
Hours: 7 days/week by appointment
Specialty: Newborn to 1 year
Files with private insurance

Mother to Mother Mobile Lactation
603-452-8118
Moore, OK
Heather L. Wasuta, IBCLC
Visits: Home visits within 30-mile radius
Hours: Flexible, call or email for appointment
Specialty: Mobile lactation education
Email: mothertomothermobilelactation@gmail.com

The Oklahoma City Lactation Clinic
405-963-3381
2940 NW 50th St
Oklahoma City, OK 73112
Jessica Cheatwood, IBCLC, HBCE
Visits: Inpatient, outpatient, home visits within 20 miles
Hours: By appointment
Specialty: Prenatal Education, Newborns, Pumping, Lip & Tongue Tie
Email: info@oklahomalactationconsultant.com
Files with private insurance
Peaceful Roots Doula at Thrive Mama Collective
405-326-9618
1745 NW 16th St Ste A
Oklahoma City, OK 73106
Ashley Kula-Imtiaz, IBCLC
Visits: Outpatient, home visits within 30 miles
Hours: 9am-7pm
Specialty: Prenatal education to weaning
Email: ashley@peacefulrootsdoula.com
Files with private insurance

Thrive Mama Collective
405-356-MAMA(6262)
1745 NW 16th St, Ste A
Oklahoma City, OK 73106
Ashley Imtiaz, IBCLC; Farah Antoine-Mayberry, IBCLC, OT; Jessica Cheatwood, IBCLC, HBCE
Visits: Outpatient, inpatient, and Home visits
Hours: Lactation Consults: By Appointment; Retail Shopping: Closed Mondays
Specialty: Mother/ Baby, NICU, and Outpatient
Email: info@thrivemamacollective.com
Languages: English and Spanish
Files with private insurance

Well Rooted Health and Nutrition
405-885-0270
3555NW 58th St, Ste 910-W
Oklahoma City, OK 73112
Kelsey Tangney, MS,RD/LD CCNP CLC
Visits: Outpatient
Hours: 8am-4pm
Specialty: Lactation Consultant, Pediatrics
Email: kelsey@wellrootedhn.com
Files with private insurance and Medicaid

Your Feeding Friend LLC
405-261-8220
924 NW 58th St, Suite 205
Oklahoma City, OK 73118
Brittany Sandoval, BSN, RN, IBCLC
Visits: Outpatient, home visits within 30 miles (travel fees may apply)
Hours: By appointment only
Specialty: Low Milk Supply, Complex Feeding Issues, Weaning Supplements
Website: www.yourfeedingfriend.com
Files with private insurance and Medicaid
Hospitals

The Breastfeeding Clinic at OU Physicians
405-271-5239
OU Physicians' Building, Clinic 3C
825 N.E. 10th Street
Oklahoma City, OK 73104
Visits: Outpatient
Virtual Appointments: Tue. & Fri
Clinic Appointments: Mon, Wed. & Thurs.
Medicaid Provider and files with Private Insurance

Integris Baptist Medical Center
405-949-3393 (NICU); 405-949-3254 (Lactation Services)
3300 Northwest Expressway
Oklahoma City, OK 73112
Brittany Gjesvold, RN, IBCLC; Tina Launer, RN, IBCLC; Melissa Colasacco, RN, IBCLC;
Michelle Smith, RN, IBCLC; Sabrina Smith, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 7:00 a.m. – 5:00 p.m., 7 days a week
Specialty: Newborn through 1 year
Medicaid Provider and files with Private Insurance

INTEGRIS Canadian Valley Hospital
405-717-6434
1201 Health Center Parkway
Yukon, OK 73099
Kira Kirkes-Delay, RN, BSN, IBCLC
Visits: Inpatient, Outpatient
Hours: 8:00am-4:00pm Monday-Friday
Specialty: Newborn through 1 year
Medicaid Provider and files with Private Insurance

INTEGRIS Health - Edmond
405-657-3245
4801 Integris Parkway
Edmond, OK 73034
Connie Barta, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: M-F 8am - 4pm
Medicare Provider and files with Private Insurance
INTEGRIS Southwest Medical Center
405-636-7000
4401 S. Western
Oklahoma City, OK 73109
Cindy Laney, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:00 a.m. – 4:30 p.m.
Files with Private Insurance

Mercy Health Center
405-752-3586
4300 W. Memorial Road
Oklahoma City, OK 73120
Patty Buersmeyer, RN, IBCLC; Colleen Davis, RN, IBCLC; Rachel Johnson, RN, IBCLC
Julia Wambolt, APRN-CNP, WHNP-BC, CNM, IBCLC; Michelle Walton, RN, IBCLC;
Susie Williams, RN, IBCLC; Brittany Wood, RNC, LC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 4:00 p.m.
Specialty: Newborn to 6 months
Medicaid Provider and files with Private Insurance

Norman Pediatric Associates
405-321-5114
3231 Healthplex Drive
Norman, OK 73072
Jennifer Woods, RN, IBCLC
Visits: Outpatient
Hours: 9:00 a.m. – 5:00 p.m.
Medicaid Provider and files with Private Insurance

Norman Regional HealthPlex
405-515-3532
3300 HealthPlex Parkway
Norman, OK 73072
Pamela Denton, RN, IBCLC; Tracy DeJesus RN, IBCLC; Charissa Larson MS, IBCLC;
Jayme Provine, RN, IBCLC; Sarah Steele RN, IBCLC.
Visits: Inpatient, Outpatient
Hours: 7:00 a.m. – 7:00 p.m., 7 days a week
Specialty: Newborn
Medicaid Provider and files with Private Insurance
OU Medical Center
Lactation Center (TLC)
405-271-6455
1200 N. Children’s Avenue
Oklahoma City, OK 73104-5068
Theresa Bryan, BSN, RNC, RN, IBCLC; Stasha Howard, IBCLC; Mallory Brynn Johnston, BS, IBCLC; Colleen Nelson, BS, IBCLC; Mariana Orozco, LPN/IBCLC; Cathie Price, IBCLC, RLC; Britney Schwarz, IBCLC; Holly Skinner, BS, IBCLC/RLC, CLC, ALC; Rachelle Stangl, BS, IBCLC, RLC
Visits: Inpatient, all areas of the hospital
Hours: 8:00 a.m. – 5:00 p.m

Oklahoma Breastfeeding Hotline
877-271-MILK (6455)
Text OK2BF to 61222
Jaclyn Huxford, RDN/LD, IBCLC, Manager, Oklahoma Breastfeeding Hotline.
IBCLCs: Britney Schwarz, IBCLC; Cassidy Hale, RN, IBCLC; Charissa Larson, MS, IBCLC; Jessica Ryans, RN, IBCLC; Kate Copass, RNC-OB, IBCLC; Keri Hale, RD/LD, IBCLC; Mariana Orozco, IBCLC
Hours: Breastfeeding Hotline - 24 hours/day
To give feedback on the hotline, call 405-271-6162
Funded through a grant provided by the Oklahoma State Department of Health

Oklahoma Breastfeeding Resource Center
405-271-6162
920 Stanton L. Young, Blvd., Williams Pavilion, Rm. 2230
Oklahoma City, OK 73104
Jaclyn Huxford, RDN/LD, IBCLC; Becky Mannel, MPH, IBCLC, FILCA;
Website: https://obrc.ouhsc.edu/

Oklahoma Mother’s Milk Bank
405-297-LOVE (5683)
940 NE 13th St
Garrison Tower #1220
Oklahoma City, OK 73104
Keri Hale, RD/LD, IBCLC, Clinic Director;
Rebecca Mannel, MPH, IBCLC, FILCA, Executive Director;
Keysha Sanders, IBCLC; Holly Skinner, IBCLC/RLC, ALC, CLC
Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday
Email: info@okmilkbank.org
SSM Health St. Anthony Joyful Beginnings
405-272-6207
1000 N. Lee
Oklahoma City, OK 73101
Lindsay Crossley MS, RD/LD, IBCLC; Janet Jarvis BSN, RN, IBCLC; Princy Jacob MSN, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: Monday-Friday 8:00 am-4:00 pm
Medicaid Provider and files with Private Insurance

SSM St. Anthony Hospital - Shawnee
405-214-1556
1102 West McArthur
Shawnee, OK 74804
Charli Hull, RN, BSN, IBCLC; Kristi McDonald, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday
Speciality: Newborn to 1 year
Medicaid Provider and files with Private Insurance

Indian Tribal Organization WIC

Citizen Potawatomi Nation WIC Program
405-273-3216
1601 S. Gordon Cooper Drive
Shawnee, OK 74801
Cheryl Richardson, M.A., IBCLC
Visits: Inpatient, outpatient - Serving Citizen Potawatomi Nation WIC participants
Hours: By appointment 8:00 a.m. – 5:00 p.m., Monday - Friday
Specialty: WIC Breastfeeding Peer Counseling Program, working mothers

Oklahoma Department of Health/WIC Clinics

Grady County Health Department
405-224-2022
2116 W Iowa Ave
Chickasha, OK 73018
Dacia Zimmerman, RN, IBCLC
Hope Center Health Clinic (WIC)
405-348-4680
1251 N. Broadway
Edmond, OK 73034
Kristyna Cleek, MS, RD, LD, IBCLC
Hours: 8:00am-4:00pm Monday-Thursday
Visits: Outpatient
Specialty: Prenatal/postpartum breastfeeding support
Languages: English and Spanish
Additional information: Kristyna works for WIC, any pregnant or postpartum mother who has SoonerCare qualifies for WIC and can see Kristyna free of charge

McClain County Health Department
405-527-6541
919 N 9th St
Purcell, OK 73080
Dacia Zimmerman, RN, IBCLC

Neighborhood Services Organization WIC Clinic (NSO)
405-942-2008
3530 N. MacArthur Blvd.
Oklahoma City, OK 73122
Brittany Wheaton, MS, RD, LD, IBCLC
Visits: Inpatient
Hours: 7:45 a.m. – 4:30 p.m., Monday – Friday
Specialty: WIC Breastfeeding Peer Counseling Program practiced within the WIC Clinic

Oklahoma City-County Health Department
405-425-4384
2401 NW 23rd Street, Suite 2G
Oklahoma City, OK 73107
Nao Galbraith, MS, RD/LD, CLC, IBCLC
Hours: 8:00 a.m. – 4:30 p.m. Monday – Friday
Specialty: Practice within six OCCHD WIC Clinics
Languages: English and Japanese
Breastfeeding Peer Counseling Program available at OCCHD WIC clinics
Website: https://www.occhd.org/clinics

Oklahoma County Sooner Start
405-426-8550
3017 N. Stiles, Suite 200
Oklahoma City, OK 73105
Jana Gober, MS, RDN, LD, IBCLC
Hours: 8am-4:30pm M-F
Visits: Outpatient, Home visits within 20-miles
Specialty: Birth to 3
Medicaid Provider and files with private insurance
Oklahoma State Department of Health Maternal & Child Health Service
405-426-8113 or 405-426-8061
123 Robert S. Kerr, Suite 1702
Oklahoma City, OK 73102
Amanda Parsons, MA, RDN/LD, IBCLC
Hours: Monday – Thursday from 8:00 a.m. – 4:30 p.m.

Oklahoma State Department of Health WIC Service
405-426-8500 or Toll-Free 1-888-655-2942
123 Robert S. Kerr, Suite 1702
Oklahoma City, OK 73102
Brooke Bowlware, RDN/LD, IBCLC, WIC Program Consultant
Jenna Crider, RDN, LD, IBCLC, WIC Program Consultant
Sarah Devane, RDN, LD, IBCLC, Breastfeeding Resource Specialist
Adrianna Halstead, RDN/LD, IBCLC, WIC BF Education Coordinator
Amy Mauldin, RDN, LD, IBCLC, WIC Nutrition Manager
Wende Mitchell, RDN, LD, IBCLC, WIC Operations & Breastfeeding Specialist
Amanda Thomas, MA, RDN, LD, IBCLC, WIC Program Consultant
Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

North East Area

Private Practice

Busy Being Birth Services
918-565-2970
7503 W 60th Pl N
Tulsa, OK 74126
T’Kia Walterscheid, IBCLC, CLC
Hours: Monday-Thurs 9am-6pm
Visits: Inpatient, outpatient, home visit within 20 miles
Specialty: Oral Restrictions, Older Babies, Hormonal Imbalances
Email: hello@tkiadenise.com
Files with private insurance

Innovations Lactation and Breastfeeding Services
949-370-9950
7503 W 60th Pl N
Tulsa, OK 74126
Montika Collins, IBCLC, CLC, RN, BSN, MA
Hours: Monday - Thursday, 9:00 a.m. – 4:00 p.m.
Visits: Outpatient, Homevisit within 20 miles
Specialty: All
Email: info@innovationslc.com
Files with private insurance
Lactation Lady Tulsa
949-370-9950
4800 W. San Antonio St. Ste. 101
Broken Arrow, OK 74012
Heather Borsuk, IBCLC
Hours: Mon-Sat 10am-8pm
Visits: Outpatient, Home visit 30 miles
Specialty: From birth to weaning and everything in between
Email: Lactationladytulsa@gmail.com
Files with private insurance

Newborn Life, LLC
303-668-7774
Bixby, OK
Katie Kunz, RN, IBCLC
Hours: By appointment only
Visits: Home visits within 30 miles
Speciality: Prenatal/newborn
Email: katie@katiekunz.com
Accepts insurance through The Lactation Network, also offers virtual/telehealth visits.

Hospitals

Ascension St. John Jane Phillips
918-331-1148
3500 SE Frank Phillips Blvd.
Bartlesville, OK 74006
Julie Blount, BSN, RN, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:30-4:00
Medicaid Provider and files with Private Insurance

Ascension St. John Medical Center
918-744-2681
1923 S. Utica Avenue
Tulsa, OK 74104
Nadine Barnes, RN, IBCLC; Cynthia DeLay, BSN, RN, IBCLC; Rachel Foley, RN, IBCLC;
Susan Reeder, MSN, RN, IBCLC; Suzanne Rinker, BSN, RN, CLC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 5:00 p.m., Monday – Saturday
Medicaid Provider and files with Private Insurance
**Bailey Medical Center**
918-376-8268
10502 N 110th Ave
Owasso, OK  74055
Whitney Noble, RN, CCE, IBCLC
Visits: Inpatient and Outpatient
Hours: Tuesday, Thursday, and Friday - 8:00 am to 4:00 pm
Specialty: Newborn
Medicaid Provider and files with Private Insurance

**Cherokee Nation WW Hastings Hospital**
918-458-3649
100 S Bliss
Tahlequah, OK
Lauri Hickman MSN, RN, IBCLC, CCE
Visits: Inpatient and outpatient
Hours: 0730-0400
Specialty: OB/outpatient/all ages
Medicaid Provider and files with Private Insurance

**Hillcrest Hospital Claremore**
918-342-6762
1202 N Muskogee Pl
Claremore, OK 74017
Cecilia Bates, RN, IBCLC
Visits: Inpatient and outpatient
Hours: 8am-4pm
Specialty: Newborn
Medicaid Provider and files with Private Insurance

**Hillcrest Hospital South**
918-294-4239
8801 South 101st East Avenue
Tulsa, OK 74133
Ranay Bedard, RN, IBCLC;
Cassidy Hale, BSN, RNC-OB, IBCLC
Visits: Inpatient and Outpatient
Hours: On call
Specialty: Newborn
Medicaid Provider and files with Private Insurance
**Hillcrest Helmerich Women’s Center**
918-579-8018
1120 S. Utica Avenue
Tulsa, OK 74104
Sharon Bauer, RN, IBCLC, Rebecca Onyirioha, RN, MSN, IBCLC;
Karen Stockwell, RN, BSN, IBCLC; Yuliana Torres, IBCLC; Roberta Tyler, RN, BSN, IBCLC
Visits: Inpatient and Outpatient
Hours: 9:00 a.m. – 5:00 p.m.
Medicaid Provider and files with Private Insurance

**INTEGRIS Health Miami Hospital**
918-919-2708
200 2nd S.W.
Miami, OK, 74354
Emily Burkybile, IBCLC

**Saint Francis Hospital**
6161 S. Yale Avenue
Tulsa, OK 74136
918-494-6455
Laura Calhoun, RN, BSN, IBCLC; Lynn Clutter, PhD, APRN-CNS, IBCLC;
Traci Mathis, LD, IBCLC; Janice Norris, RN, IBCLC; Debbie Ratzlaff, MSN, RN, IBCLC
Kerstin West-Wilson, MS, IBCLC
Visits: Inpatient and Outpatient
Hours: 8:00 a.m. – 4:30 p.m. Monday – Friday
Specialty: Preterm and term newborns
Medicaid Provider and files with Private Insurance

**Saint Francis Hospital South**
918-307-6394
10501 E. 91st S. South
Tulsa, OK 74133
Susan Beard, RN, IBCLC
Visits: Inpatient
Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday
Specialty: Newborn, late preterm
Files with Private Insurance

**Indian Tribal Organization WIC**

**Cherokee Nation WIC Program**
918-453-5591
P.O. Box 948
Tahlequah, OK 74464
Euphemia John, BS, CLC, IBCLC, RLC
Visits: Inpatient, Outpatient, and home visits 150-mile radius in tribal boundary
Hours: 8:00 a.m. – 5:00 p.m. Will take calls after hours
Inter-Tribal Council WIC/ Integris Miami & Integris Grove Hospital
918-919-2708  
21 N. Eight Tribes Trail  
Miami, OK. 74354  
Emily Burkybile, IBCLC  
Hours: 24/7  
Visits: Inpatient, outpatient, home visit within 50 miles  
Medicaid Provider and files with Private Insurance

**Oklahoma State Department of Health/WIC Clinics**

**Creek County Health Department**  
918-224-5531  
1808 S. Hickory  
Sapulpa, OK. 74066  
Heather Odenwald, RD/LD, IBCLC  
Visits: Outpatient  
Hours: 8:00 a.m. – 5 p.m., Monday – Friday

**Pawnee County Health Department**  
918-762-3643  
639 Seventh Street  
Pawnee, OK 74058  
Kristen Dent, BSN, RN, IBCLC; Heather Odenwald, RD/LD, IBCLC  
Visits: Outpatient  
Hours: 8:00 a.m. – 5 p.m., Monday – Friday

**Tulsa Health Department/ConnectFirst Lactation**  
918-779-6953  
5330 E 31st St.  
Tulsa, OK 74135  
Kyla Pfannenstiel, RN, BSN, IBCLC  
Visits: Outpatient, Home visit within Tulsa County  
Hours: 9:00 a.m. – 5:00 p.m., Monday – Friday  
Medicaid provider  
Additional information: Bilingual Breastfeeding Educator on staff and interpretation in other languages provided as well. Clients must be income eligible for Soonercare or WIC, services are provided at no cost.
Private Practice

Latched Lactation Support
405-740-8325
Stillwater, OK
Rachel Weaver, RN IBCLC
Visits: Home visit, within 45 miles from Stillwater
Hours: 8-6 Monday through Thursday, 8-12 Friday. Some evening and weekend availability
Email: rachelweaver@latchedok.com
Medicaid Provider and files with Private Insurance

Hospitals

Alliance Health Woodward
580-254-8654
900 17th Street
Woodward, OK 73801
Shala McIntosh, RN, BSN, IBCLC
Visits: Inpatient and Outpatient
Hours: Varies by appointment
Medicaid Provider and files with Private Insurance

Integris Bass Baptist Health Center
580-548-1347
600 S. Monroe Street
Enid, OK 73701
Annette Schovanec, RNC, BSN, IBCLC; Linda Suderman, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 9:00 a.m. – 5:00 p.m., Monday – Friday
Medicaid Provider and files with Private Insurance

Stillwater Medical Center
405-742-5553
1323 West 6th Avenue
Stillwater, OK 74076
Jeanne Campbell, BSN, RNC, IBCLC
Visits: Inpatient, Outpatient, Home visits 35-mile radius
Hours: 9:30 a.m. – 6:00 p.m. Monday-Friday
Specialty: Newborns to 3 months
Medicaid Provider and files with Private Insurance
Oklahoma State Department of Health/WIC Clinics

Garfield County Health Department
580-233-0650
2501 Mercer Drive
Enid, OK 73701
Joy Richert, RN, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 4:30 p.m.
Medicaid provider

Private Practice

The Latch by Amber Richards, BSN, RN, IBCLC
580-304-9160
Amber Richards, BSN, RN, IBCLC
Traveling IBCLC in Enid, OK
Hours: varying/flexible
Visits: 2-hour radius
Email: amber.richards@the-latch.com

South East Area

Private Practice

Chickasaw Nation
580-369-8047
229 Seabrook Road
Ada, OK 74820
Krysten Booker, MSHR, IBCLC
Visits: Inpatient, outpatient, home visit within 100 miles
Specialty: Ada/Norman metro area

Choctaw Nation Health Care Center
918-567-7000
One Choctaw Way
Talihina, OK 74571
Hours: 7:45am-4:15pm
Amy Gray, RN, IBCLC
Medicaid provider and files with Private Insurance

Dawnna Brittain, IBCLC, RLC
580-320-7709
47290 Highway #9
Ealrsboro Ok, 74840
Hours: 8:00-5:00, after hours possible
Visits: Home visits within 50-mile radius
Specialty: Tongue tie
Nurturing Mamas Network
918-916-9896
800 12th Ave Northwest
Ardmore, OK 73401
Anita Wingfield, RN, MS, IBCLC
Hours: After hours; weekends
Visits: Outpatient
Specialty: Virtual Breastfeeding classes, lactation consults for newborn, induced lactation

Southern Oklahoma Women’s Health
580-224-9000
731 12th Avenue NW
Ardmore, OK 73401
Zann Shelton, APRN, CNP, IBCLC; Lacy Westfall, RN, BSN, IBCLC
Visits: Outpatient
Hours: 9:00 a.m. – 5:00 p.m. Monday-Friday
Languages: English and Spanish
Medicaid provider and files with Private Insurance

**Hospitals**

Chickasaw Nation Medical Center
580-399-0303
1921 Stonecipher Blvd
Ada, OK 74820
Amanda Fowler LPN, IBCLC, CCE; Checotah Pardue, RN, IBCLC
Visits: Inpatient and outpatient
Specialty: Pediatrics
Medicaid provider and files with Private Insurance

Mercy Clinic OB/Gyn Ardmore
580-226-3003
731 12th Ave Northwest, Suite 210
Ardmore, OK 73401
Julia Wambolt APRN-CNP, WHNP-BC, CNM, IBCLC

**Indian Tribal Organization WIC**

Chickasaw Nation WIC
580-399-2000
1001 N. Country Club
Ada, OK 74820
Laura Robinson, IBCLC, RLC
Visits: Inpatient, outpatient, home visits negotiable
Hours: 8:00am-5:00pm Monday-Friday, after hours optional
Specialty: Prenatal education, weaning, and tongue tie
Oklahoma State Department of Health/WIC Clinics

Haskell County Health Department
918-967-3304
901 NW 6th Street
Stigler, OK 74462
Emmy McPeak, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

Hughes County Health Department
405-379-3313
200 McDougal Dr
Holdenville, OK 74848-2811
Angela Johnson, RDN/LD, IBCLC
Visits: Outpatient
Hours: Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday
Specialty: Pregnancy, Birth - Age 5

McIntosh County Health Department
918-473-5416
211 West Gentry
Checotah, OK 74426
Emmy McPeak, RD/LD, IBCLC
Visits: Outpatient
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

Seminole County Health Department
405-382-4369
1900 Boren Blvd.
Seminole, OK 74868
Angela Johnson, RDN/LD, IBCLC
Visits: Outpatient
Hours: Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday
Specialty: Pregnancy, Birth - Age 5

South West Area

Private Practice

Expression Lactation
580-246-4314
112 Meadow Ridge Drive
Elk City, OK 73644
Kelsey Schones, APRN, IBCLC
Hours: 9am - 3:30pm
Visits: Outpatient, Home visit within 60 miles
Specialty: Breastfeeding, Pumping, bottle feeding
Email: Kelsey@expressionlactation.com
Medicaid provide and files with private insurance
Latched By Kimberly, LLC
580-475-6853
306 Oak St.
Elgin, OK 73538
Kimberly Dalrymple, IBCLC, CD (DONA)
Visits: Home visits within 1 hour
Specialty:
Hours: Mon-Fri 9:00-2:00
Files with Private Insurance
Email: latchedbykimberly@gmail.com

Hospitals

Comanche County Memorial Hospital
580-250-5253
3401 West Gore Blvd.
Lawton, OK 73505
Jenifer Brown, RNC-OB, IBCLC; Tonya Defoor BSN, RNC-OB, IBCLC;
Carrie Nelson, RNC-OB
Visits: Inpatient, Outpatient
Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday. Saturday (outpatient) by appointment only
Medicaid Provider and files with Private Insurance

Duncan Regional Hospital
580-252-5300
1407 N Whisenant Drive
Duncan, OK 73533
Jessica Ryans, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: 9:00 a.m. – 5:00 p.m. M - F
Medicaid Provider and files with Private Insurance

Oklahoma State Department of Health/WIC Clinics

Comanche County Health Department
580-248-5890
1010 SW Sheridan
Lawton, OK 73505
Lauren Hickman, RD, LD, IBCLC
Visits: Outpatient
Hours: Monday - Friday, 8a-5p
Medicaid Provider and files with Private Insurance