

BASIC HEART TEMPLATE (PRINTABLE + TRACEABLE)

Directions

- Print this page or trace the heart shape onto paper or cardboard to make a reusable template.
 - Trace the heart twice onto felt.
 - Cut out both hearts (at the same time so they are the same).
 - Place the two pieces together and stitch around the edges using large, simple stitches. (Leave a small opening.)
 - Fill with left over felt pieces or poly fiber fill.
 - Finish stitching to close the heart.
 - Add a small amount of a familiar scent (perfume, essential oil).
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