



The Developmental Disabilities
Council of Oklahoma

2022 – 2026 5 Year State Plan

Goal 1: Advocacy and Self-Advocacy Skills Improvement

Individuals with developmental disabilities and their families will be skilled and empowered advocates and leaders in individual and systems change advocacy.

Objective 1: Annually through 2026, 150 individuals with developmental disabilities will be trained by self-advocate leaders to be resilient, strong and effective self-advocate leaders. (Self-Advocacy Objective)

Objective 2: By 2026, Oklahoma's self-advocacy organizations will be strengthened through increased participation of individuals with developmental disabilities in culturally diverse and cross-disability leadership coalitions.

Objective 3: Annually through 2026, at least 10 self-advocates and 10 family-advocates will obtain leadership positions of their choice on key boards, councils and committees that take up issues for people with developmental disabilities and their families.

Objective 4: Annually through 2026, 50 individuals with developmental disabilities, their families and professionals will be educated about systems change advocacy and the tools to use to effectively educate community leaders and policymakers about issues that impact people with developmental disabilities and their families.

Expected Goal Outcomes: Oklahoma will have an educated and trained advocacy base that will provide leadership in Oklahoma on issues related to developmental disabilities.

Oklahoma will have an increased number of leaders with developmental disabilities serving on key boards, councils and committees that take up issues related to developmental disabilities.

Goal 2: Good Lives Across the Lifespan

Individuals with developmental disabilities, their families and caregivers will have increased access to quality, long-term, individualized supports and services across the lifespan in the home and community of their choice.

Objective 1: By 2026, 250 Oklahomans with developmental disabilities, their families, community leaders and other professionals will be trained and educated on the Person-Centered Thinking and Supporting Families Community of Practice principles.

Objective 2: By 2026, Oklahomans with developmental disabilities and their families will have increased knowledge and understanding of resources, services and supports across the lifespan that will allow them to live their best lives.

Objective 3: By 2026, 150 families and caregivers of children with developmental disabilities will have increased knowledge and understanding of the tools, resources and support systems to begin to prepare for, and develop, person-centered plans as early as a child's diagnosis to allow them to prepare for transitions across the child's lifespan.

Objective 4: By 2026, 50 Oklahomans with developmental disabilities will have increased opportunities to develop independent living and life skills that will allow them to lead self-directed and self-determined lives.

Objective 5: By 2026, 50 individuals with developmental disabilities, their families and caregivers will have increased knowledge and understanding of the supports and resources to help them plan and prepare for life when their caregiver is no longer able to provide care.

Expected Goal Outcomes:

Oklahomans will regularly use Person-Center Thinking and Supporting Families Community of Practice principles as they plan for transitions across the lifespan.

Individuals with developmental disabilities, their families and their communities will work together to support person-centered planning so that all Oklahomans are able to live their best lives and accomplish their personal goals.

Goal 3: Community Awareness and Inclusion

People with developmental disabilities and their families will experience increased inclusion and integration so that they may fully participate in all aspects of the community.

Objective 1: Annually through 2026, the Developmental Disabilities Council will educate Oklahoman communities and community leaders about developmental disabilities so that people with developmental disabilities and their families will experience increased inclusion and support in the community and will be empowered to live their best lives.

Objective 2: In collaboration with Oklahoma's DD Network, the Developmental Disabilities Council will provide technical assistance and education to 20 state- and local-level decision makers annually about public policies and procedures that affect people with developmental disabilities and their families. (DD Network Collaboration Objective)

Objective 3: By 2026, 150 service professionals in rural and frontier areas of Oklahoma will have increased awareness and training about how to best support people with developmental disabilities and their families. (Targeted Disparity Objective)

Objective 4: By 2026, an increased number of children, youth and students with developmental disabilities will receive individualized supports and services in inclusive and integrated settings that will allow them to foster and reach their potential.

Objective 5: By 2026, individuals with developmental disabilities will have greater opportunities for meaningful friendships and relationships, recreation activities and social inclusion in their communities.

Objective 6: By 2026, employers, community leaders, family members and the wider community will have an increased understanding about the benefits of having individuals with developmental disabilities participate in the workforce and volunteer activities.

Expected Goal Outcomes:

Individuals with developmental disabilities and their families will have a community support system that will help them to live their best lives.

Policymakers will have the information they need to positively impact people with developmental disabilities and their families.