



# COVID-19 DISINFECTING YOUR HOME IF SOMEONE IS SICK



## CLEAN:

- Wear disposable gloves to clean and disinfect.
- Clean Surfaces using soap and water Practice routine cleaning of frequently touched surfaces such as tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.



## DISINFECT:

- Use diluted household bleach solutions when appropriate. Check to ensure the product is not past its expiration date. Unexpired household bleach will be effective against coronaviruses when properly diluted.
- Alcohol solutions with at least 70% alcohol or other Household cleaners and disinfectants: Clean the area or item with soap and water or another detergent if it is dirty. Then, use a household disinfectant.



## LAUNDRY:

- Dirty laundry from an ill person can be washed with other people's items. Wear disposable gloves. Wash hands with soap and water as soon as you remove the gloves.
- Do not shake dirty laundry. Launder items according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely.



## OTHER TIPS FOR HOME SAFETY:

- Clean surfaces with soap & water. Then, disinfect.
- Wash your hands often with soap & water for 20 seconds.
- Stay separated when eating. The ill person should be fed in their room if possible. Wash dishes and utensils in hot soapy water with gloves.
- Use a dedicated, lined trash can for the ill person. Use gloves to remove and dispose of trash. Wash hands afterwards.

INFORMATION + UPDATES  
[CORONAVIRUS.HEALTH.OK.GOV](https://www.coronavirus.health.ok.gov)  
CALL CENTER: 2-1-1



OKLAHOMA  
State Department  
of Health