



WARRIOR'S REST
FOUNDATION

UNDERSTANDING SUICIDE IN FIRST RESPONDERS

1-DAY COURSE

DETAILS

Begins:
Wednesday, Sept 23
8:00 am

Ends:
Wednesday, Sept 23
4:00 pm

Cost:
****FREE ****

ORGANIZER

Warrior's Rest Foundation

Phone:
(405) 285-0544

Email:
christina@warriorsrestfoundation.org

VENUE

Moore Norman Tech Ctr
Room A-200
4701 12th Ave NW
Norman, OK 73069

Scan to Register:



REGISTRATION— <https://warriorsrestfoundation.org/event/understanding-suicide-in-first-responders-1-day-course-norman-ok/>

CLEET – 8 hr CE and 8 hr MH

COURSE CONTENT:

- This one-day course is designed for first responders who face repeated trauma and are expected to carry it without pause.
- Participants will explore the real factors driving suicide risk, including chronic stress, hypervigilance, substance use, and cultural barriers to seeking help. Through interactive discussion and real-world application, this training introduces practical tools to recognize warning signs and have direct, life-saving conversations.
- Attendees will learn to apply the CCDD model to respond with confidence and connect others to appropriate care.
- This course will prepare participants to understand various crisis intervention services for individuals and groups.

