

Nurse Call

Study Guide

Assessments:
4024 Nurse Call Technician
4017 Manager



OKLAHOMA
CareerTech

CTTC

CareerTech Testing Center
Health and Professional Certifications Project

Overview

This study guide is designed to help candidates prepare for licensure through the Oklahoma Department of Labor. It includes information about each of the examinations, and the skills standards upon which the examinations are based, resources that can be used to prepare for the examinations, and test taking strategies.

Each of the sections in this guide provides useful information for candidates preparing for the examinations.

- Nurse Call Licensure Examinations
 - ▶ Assessment Information
 - ▶ Standards and Test Content
 - ▶ Sample Questions
 - ▶ Abbreviations, Symbols and Acronyms
 - ▶ Test Writing Resources
- Strategies for Test Taking Success
- Notes

This assessments were developed in partnership with the Oklahoma Department of Labor, which regulates the Oklahoma alarm industry and licensing individuals and companies who sell, install, maintain, and monitor alarm, locksmith, and fire sprinkler equipment. Each examination measures the candidate's mastery of knowledge and skills expected of workers in the area of licensure.

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CareerTech and Licensure Exams

Career and technology education uses industry professionals and certification standards to identify the knowledge and skills needed to master an occupation. This input provides the foundation for development of curriculum, assessments and other instructional materials needed to prepare candidates for wealth-generating occupations and produce comprehensively trained, highly skilled employees demanded by the work force.

Measuring Success

Certification assessments provide a means of evaluating the candidate's mastery of knowledge and skills. Coaching reports communicate assessment scores to candidates and provide a breakdown of assessment results. The coaching report also shows how well the candidate has mastered skills needed to perform major job functions and identifies areas of job responsibility that may require additional instruction and/or training.

Assessment Information

How are the assessments developed?

The assessments are developed by the CareerTech Testing Center in partnership with the Oklahoma Department of Labor. Items for the exams were developed and reviewed by committees of subject matter experts within each of the licensure areas. All subject matter experts are professionals who have many years of experience in the industry.

How do I register for an exam?

Candidates for licensure in the alarm, locksmith, or fire sprinkler industry can take an exam in-person or online. A list of testing centers and their contact information can be found at www.okhcp.com under the Alarm/Locksmith tab. Candidates will be required to show one of the following forms of photo identification:

1. valid, current driver's license issued by any state in the United States, or
2. valid, current state of Oklahoma identification card

Identification cards issued by other states or entities **will not** be accepted.

What do the examinations cover?

Each examination is aligned to the skills standards for that licensure area. The standards for each licensure area are contained in this study guide.

What is required to pass the exam?

Candidates who score 70% or higher on the written examination and meet all licensure requirements will be issued a license by the Oklahoma Department of Labor.

Are the exams timed?

Yes. The test plan for each licensure area specifies the time allowed to complete the written examination. If the time allowed expires before the candidate is finished with the examination, the examination will automatically be submitted for scoring and all unanswered questions will be marked incorrect.

Can candidates use a calculator on the exam?

Yes, calculators may be used on these exams. If a calculator is needed, it will be provided by the testing center or through the assessment navigator within the exam.

What is the testing fee for written examinations?

Candidates must pay all testing fees to the test site upon registration. The current testing fees for the exams are located on the website at www.okhcp.com under the Alarm/Locksmith and Fire Sprinkler tab.

Can candidates use code books or other resources during the examination?

All candidates may use a copy of the Oklahoma Alarm, Locksmith, and Fire Sprinkler Act.

Candidates may bring and use publisher-bound code books as indicated in the charts below. **NOTE: Only publisher-bound books are allowed.** Candidates may not use photocopies that have been spiral bound, placed in a binder, etc. No loose pages of notes or codes are allowed. In addition, all references will be checked for handwritten notes specifically related to test questions. References that contain test-related notations will not be allowed.

Licensure Area	Allowed Code Books			
	NFPA 70	NFPA 72	NFPA 99	NFPA 73 I
Nurse Call Technician	√	√	√	√
Manager	√	√		√

When will I receive my results?

Candidates will receive their results immediately upon completion of the testing. These results must be included with the candidate's licensure application and sent to the Oklahoma Department of Labor.

Can candidates retake an exam?

Candidates who do not pass the written examination may retest. Although there is no formal waiting period for retesting, the ability to offer candidates an opportunity for same day retesting varies.



Standards and Test Content

4014 Nurse Call Technician 60 Questions — 90 minute time limit

A. Demonstrate Understanding of Codes, Standards, and Regulations — 22% (13 questions)

CODE	TASK
A.01	Explain the purpose of standards and codes for electrical wiring <ul style="list-style-type: none">• NEC• NFPA
A.02	List and explain standards within the NEC related to the nurse call industry <ul style="list-style-type: none">• NEC 90• NEC 110• NEC 300-310.13• NEC 725
A.03	List and explain standards within the NFPA related to the nurse call industry <ul style="list-style-type: none">• NFPA 72• NFPA 99
A.04	Explain the purpose and role of the Occupational Safety and Health Administration
A.05	Demonstrate an understanding of rules promulgated by the Oklahoma Department of Labor to enforce the Oklahoma Alarm and Locksmith Industry Act
A.06	Demonstrate basic knowledge of contract laws.

B. Demonstrate Knowledge of Basic Electronics and Electrical Components — 23% (14 questions)

CODE	TASK
B.01	Identify and describe the operation of electrical components and equipment <ul style="list-style-type: none">• Resistors• Transformers• Batteries• Relays• Connectors• Splicing tools• Fuses, circuit breakers, surge protectors• Multimeter
B.02	Understand and apply Ohm's Law
B.03	Understand and apply Watt's Law
B.04	Draw diagrams of normally-open, normally-closed, parallel and series circuit configurations
B.05	Explain how and why ground loops occur in electrical circuits
B.06	Explain precautions to take when handling equipment and electrical components (i.e. static electricity, moisture)

C. Demonstrate Knowledge of System Components and Configurations — 7% (4 questions)

CODE	TASK
C.01	Identify and describe the purpose of nurse call system components <ul style="list-style-type: none"> • Power supplies, power sources • Notification devices • Control relay devices • Initiating devices

D. Layout a Basic Nurse Call System — 8% (5 questions)

CODE	TASK
D.01	Layout basic nurse call system devices and components
D.02	Incorporate basic inspection, testing, and maintenance device requirements in a simple nurse call system layout

E. Practice Job Site Safety — 22% (13 questions)

CODE	TASK
E.01	Survey job site for unsafe work conditions and report appropriately
E.02	Identify and demonstrate the appropriate use of hand and power tools used to install, test, and service alarm systems
E.03	Identify and demonstrate the appropriate use of job site equipment
E.04	Practice safe ladder usage
E.05	Use proper fall techniques and practices
E.06	Use head, ear, eye, and foot protection properly
E.07	Read and interpret Safety Data Sheets
E.08	Recognize injuries and health conditions commonly encountered at job sites
E.09	Identify precautions that should be taken when working in confined spaces and other potential hazardous environments

F. Install Nurse Call Systems Properly — 27% (8 questions)

CODE	TASK
F.01	Use project plans and specifications to determine dimensions and installation requirements (i.e. type of materials, elevation, and location of system components)
F.02	Demonstrate use of blueprints and adherence to specifications
F.03	Explain the types and applications of outlets, junction boxes, and conduit
F.04	Explain wire size standards and other considerations when making wire choices
F.05	Prepare and connect cable properly
F.06	Mount and fasten nurse call system components
F.07	Position and terminate cables, wires, and strapping
F.08	Connect power and signaling wiring
F.09	Program and configure nurse call systems
F.10	Assist with acceptance testing
F.11	Provide customer training

G. Maintain and Service Nurse Call Systems — 5% (3 questions)

CODE	TASK
G.01	Read, interpret, and follow manufacturers' published instructions for nurse call system component operation and maintenance
G.02	Identify and locate all schematic components, connections, and test points
G.03	Clean nurse call system components
G.04	Use test equipment to verify proper function of nurse call system components
G.05	Utilize software troubleshooting programs and other resources to resolve problems
G.06	Document all maintenance, repairs, and security aspects correctly



Standards and Test Content

4017 Manager

55 Questions — 90 minute time limit

The Manager exam for the alarm industry tests candidates over knowledge in the following areas:

Duty A: Demonstrate an Understanding of Codes, Standards, and Regulations — 47% (26 questions)

Duty B: Understand Human Resources Issues Related to Managing Employees — 2% (1 question)

Duty C: Understand Insurance Issues Facing Managers — 4% (2 questions)

Duty D: Demonstrate Knowledge of Workplace Safety Requirements — 47% (26 questions)

Although some knowledge areas overlap with those found on the salesperson and technician exams, questions on the Manager assessment are directed toward the level of knowledge or understanding expected of those holding management positions in alarm, locksmith, and fire sprinkler companies.

Sample Questions

Alarm, Locksmith, and Fire Sprinkler Industry Exams

1. AC stands for:
 - a. altered current.
 - b. accelerated current.
 - c. alternating current.*
 - d. active current.

2. What is the VDC in a circuit with 100Ω and $0.1A$?
 - a. $10V$ *
 - b. $12V$
 - c. $15V$
 - d. $24V$

3. An ionization detector detects fire in what stage?
 - a. flame
 - b. heat
 - c. smoldering
 - d. incipient*

4. Which jack is used to interface the digital communicator with the telephone line?
 - a. RJ31X*
 - b. RJ11B
 - c. RJ14X
 - d. RJ45K

5. Which factor increases the chance of shock or electrocution?
 - a. high outdoor temperatures
 - b. high humidity*
 - c. insulated head protection
 - d. dry cotton clothing

6. Acceptable audible notification appliances used in a security system include:
 - a. self-contained sirens.*
 - b. strobes.
 - c. bed shakers.
 - d. mass notification devices.

7. Which term refers to the speed at which data is transmitted?
- bandwidth
 - payload
 - bit rate
 - baud rate*
8. Which central station system uses repeaters?
- police-connected
 - long-range radio*
 - line security
 - McCulloh
9. According to NFPA 72, batteries may be used to maintain an access control system during a power failure provided that the doors unlock with how many minutes of loss of primary power to the alarm system?
- 4
 - 5
 - 10*
 - 60
10. An electronic access control system is designed to:
- allow authorized individuals in while keeping unauthorized individuals out.*
 - prevent unauthorized personnel from exiting an area.
 - increase the number of occupants permitted inside the establishment.
 - notify the authorities of intrusion by unauthorized individuals.
11. In a CCTV system, exit cameras generally located:
- in the manager's office pointed at the safe or recording device.
 - near the doors pointed towards the interior of the building.*
 - near the doors pointed towards the exterior of the building.
 - outside the main entrance pointed towards the parking area.
12. Which problem indicates a ground loop?
- vertical bars in the picture
 - ghosting
 - power supply shorts
 - rolling picture*

Abbreviations, Symbols and Acronyms on Alarm Industry Exams

When abbreviations, symbols or acronyms are more commonly used in written and verbal communication within the alarm industry than the words they represent, they will also be used on the written examination required for certification. The following is a list of the abbreviations, symbols, and acronyms used on the alarm industry examinations.

'	Foot/feet	mA	milliamps/milliamperes
"	Inch/inches	MP	Mega Pixel
A	Amps/Amperes	NAC	Network Access Control
AC	Alternating Current	NEC	National Electric Code
Ah	Ampere-hours	NFPA	National Fire Protection Association
AHJ	Authority Having Jurisdiction	NICET	National Institute for Credentialing in Engineering Technologies
AWG	American Wire Gauge	NVR	Network Video Recorder
BNC	Bayonet Neill-Concelman	OSFM	Oklahoma State Fire Marshal
BOCA	Building Officials and Code Administrators International, Inc.	OSHA	Occupational Safety and Health Administration
CCTV	Closed Circuit Television	PIR	Passive infrared
CDMA	Code Division Multiple Access	PoE	Power over Ethernet
CIF	Common Intermediate Format	POTS	Plain Ole Telephone Service
dB	Decibel	PTZ	Pan-tilt-zoom
DC	Direct Current	PVC	Polyvinyl Chloride
DTMF	Dual Tone Multi Frequency	RCA	Radio Corporation of America
DVR	Digital Video Recorder	REX	Request to Exit
EMI	Electromagnetic interference	RF	Radio frequency
EOL	End of line	SDS	Safety Data Sheets
EOLR	End of line resistor	SIA	Security Industry Association
FSK	Frequency Shift Keying	SMS	Short Message Service
GPRS	Global Packet Radio Service	THHN	Thermoplastic High Heat-resistant Nylon-coated
HVAC	Heating, Ventilation and Air Conditioning	TNC	Threaded Neill-Concelman
GSM	Global System for Mobile	UHF	Ultra High Frequency
HD	High density	UL	Underwriters Laboratory
HPSA+	Evolved high-speed packet access	UTP	Unshielded Twisted Pair
IBC	International Building Code	V	Volts
ICC	International Code Council	VA	Volt-amp
IP	Internet Protocol	VAC	Watts, Alternative Current
IPv4	Internet Protocol Version 4	VDC	Watts, Direct Current
IR	Infrared	VoIP	Voice over Internet Protocol
IRC	International Residential Code	W	Watts
ISDN	Integrated Services Digital Network	Ω	Ohms
ISP	Internet Service Provider		
kW	Kilowatts		
KΩ	Kilo ohms or Kohms		

Resources Used for Writing and Validating Test Items Alarm Industry Exams

- National Fire Protection Association Codes – 70, 72, 99, 731
- Oklahoma Burglar & Fire Alarm Association/NESA Training Materials – Level I, CCTV
- NFPA 70 – Level I (Arkansas Security Alarm Association)
- International Building Code - I008
- Underwriters Laboratory Standards – 681, 1069, 1981, 2560
- *Guide to Alarm Equipment* , False Alarm Reduction Association (FARA)
- National Electronic Security Alliance (NESA) Training Materials – Access Control
- Security Industry Alarm Coalition (SIAC)
- Fire Alarm Study Guide (NICET)
- OSHA.com (Occupational Safety and Health Administration)
- *Basics of Digital Multimeters*, Ideal Industries, Inc.
- *Webster's Medical Desk Dictionary*
- www.mayoclinic.org/first-aid
- www.webmd.com/first-aid

Testing Policies

Handling of Examination Materials

All examination materials are the copyrighted property. Distribution of examination content or materials through any form of unauthorized reproduction or through oral or written communication is strictly prohibited. Individuals/entities that compromise the security of testing materials will be held responsible for the expense of developing replacement materials.

Security/Cheating

If a candidate is caught cheating during the examination, testing will stop immediately. The candidate will receive a failing result and the incident will be reported to the Oklahoma Department of Labor for review. Testing fees will not be refunded and the candidate will not be able to test without a letter of approval from the ODOL. Each HPCP Test Center reserves the right to monitor and record all testing using audio, visual, and electronic devices.

Testing Accommodations

Requests to accommodate special needs during testing (i.e. oral test administration, special seating arrangements) must be made at the time of registration by completing the HPCP Form, Request for Testing Accommodations. Acceptable accommodations for Alarm, Locksmith, and Fire Sprinkler exams are determined by the ODOL.

Electronic Devices

Cellular phones or other electronic devices are not permitted and must be turned off during testing. Use of electronic devices during testing will be considered cheating and will be handled accordingly.

Study Aides

Only allowed resources listed in this study guide are permitted. Personal belongings brought into the testing area will be collected by testing personnel and returned when the examination has been completed. The HPCP test center is not responsible for lost or misplaced items.

Translation

All examinations will be administered in English. Translators, translation devices, or translation dictionaries may not be used during the examination.

Eating/Drinking/Smoking

Candidates are not permitted to eat, drink, or smoke during the examination.

Misconduct

Candidates causing a disturbance of any kind or engaging in any kind of misconduct will be dismissed from the examination and reported to the Oklahoma Department of Labor for disciplinary measures.

Guest/Visitors

No guests, visitors, pets or children are allowed at the testing site.

Use of Restrooms

Candidates must obtain permission from the written test proctor to use the restroom during testing. All testing materials will be collected from the candidate. No additional testing time will be granted.

Test Taking Strategies

This section of the study guide contains valuable information for testing success and provides a common-sense approach for preparing for and performing well on any test.

General Testing Advice

1. Get a good night's rest the night before the test — eight hours of sleep is recommended.
2. Avoid junk food and “eat right” several days before the test.
3. Do not drink a lot or eat a large meal prior to testing.
4. Be confident in your knowledge and skills!
5. Relax and try to ignore distractions during the test.
6. Focus on the task at hand — taking the test and doing your best!
7. Listen carefully to the instructions provided by the exam proctor. If the instructions are not clear, ask for clarification.

Testing Tips

1. Read the entire question before attempting to answer it.
2. Try to answer the question before reading the choices. Then, read the choices to determine if one matches, or is similar, to your answer.
3. Do not change your answer unless you misread the question or are certain that your first answer is incorrect.
4. Answer questions you know first, so you can spend additional time on the more difficult questions.
5. Check to make sure you have answered every question before you submit the assessment for scoring — unanswered questions are marked incorrect.



