



WWTC Staff / Student Self-Check Guidelines and On Campus Screening

“Fit Test” Self Check

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing

Or at least two of these symptoms:

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

This list is not all inclusive. Please consult your medical provider for any other symptoms severe or concerning to you.

To protect all WWTC students and staff that will be on campus, please follow guidance below:

- Students and staff with these symptoms or combinations of symptoms should not come to WWTC campus as they may be contagious to others. You should contact the COVID-19 call line at 1-877-215-8336
- Students and staff who have had contact with an individual or who have a household member diagnosed with COVID-19 should not come to WWTC campus, and should contact their healthcare provider, County Health Department, or the COVID-19 call line.

These steps should be taken for persons coming onto the WWTC Campus immediately prior to arrival:

1) Self-check “Fit Test” screening questions. Ask yourself, “am I experiencing the following symptoms:”

- Cough
- Shortness of breath or difficulty breathing

Or at least two of these symptoms:

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

*If you answer “yes” notify your instructor do not come to campus or go home if already on campus.

2) Check your temperature:

- Use an infrared, touch/forehead, ear, or oral type thermometer.
- Students and employees with an elevated temperature above 100.4 will be sent home.
- Personal touch/forehead, ear, or oral type thermometer should not be shared under any circumstance.
- The thermometer must be cleaned accordingly after each use (alcohol wipe).

Students and Staff who answer “yes” to the above questions or develop symptoms during the day will be sent home and should contact the COVID-19 call line at 1-877-215-8336.



Campus Screening for students / staff on the WWTC Campus.

- Students / staff will have temperature checked when they arrive at school and enter building.
- Anyone with a temperature of 100.4 °F or higher will be sent home.
- To return must be symptom free 72 hours or provide medical professional notice indicating illness is not COVID-19.

For those students attending class on the WWTC Campus after Campus Screening:

- Campus building public access is limited. Interior hallway doors may remain open to limit unnecessary touching of door latches and push bars.
- When practical, classroom doors should remain closed or partially closed while class is in progress.
- Classroom activities will require students to practice social distancing and maintain at least 6 feet between individuals.
- In-person communication should occur with a distance of at least 6 feet between individuals and using social distancing practices.
- There should be no more than 10 people and social distancing practices (6 ft. spacing) should be followed in all areas on WWTC campus.
- In the event social distancing practices (6 ft. spacing) can't be followed due to the setting or a training procedure face mask will be required.
- Face masks are recommended at all times, but optional depending on the setting.
- Students will refrain from gathering together in small spaces during break and there should be no "group dining" during lunch or breaks.
- Personal study spaces will be cleaned with a disinfectant at the end of the class. (desktops, tables, chairs, computers, etc.).
- Classroom and work station accessories should not be shared (work desks, phones, computers, pens/pencils, etc.).
- Turning in assignments or papers should be left in area designated by instructor or outside the instructors' door rather than entering an office and placing on a desk while the instructor is at their desk.
- Students should wash their hands frequently (before/after class and during breaks) during the day for a minimum of 20 seconds using soap and water.
- Students and instructors are encouraged to refrain from touching their nose, mouth, face without washing hands immediately before and after.
- Proper sneeze/cough etiquette should be followed.
- Ensure all students are familiar with the basic COVID-19 facts.

When to Seek Medical Attention

If you have any of these **emergency warning signs*** for COVID-19 get **medical attention immediately**:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms severe or concerning to you.

Call 911 if you have a medical emergency: Notify the operator that you have, or think you might have, COVID-19. If possible, put on a cloth face covering before medical help arrives.

Please know that guidance regarding guidelines may change as we learn more about the virus and how it spreads. COVID-19 call line: 1-877-215-8336.

ONLINE RESOURCES:

Coronavirus (COVID-19)

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Symptoms of Coronavirus

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Oklahoma Department of Health COVID-19 resource site

<https://coronavirus.health.ok.gov/>

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