As we observe Native American Heritage Month this November, we have an opportunity to shine a spotlight on remarkable individuals. This month is not only a time to honor the lasting legacy of Indigenous makers but also to recognize those who are actively shaping our society, leading their communities, and making a significant impact on our culture today. Read this Gale/Cengage blog to learn more about fascinating figures as we celebrate Native American Heritage Month. Read Now >

- 1. Breaking NEWS! Health Careers Education NEW teacher training will be held in Stillwater in the Tuttle Seminar Center, ODCTE as follows: If you have been teaching, but missed our July New Teacher Institute (or have never been), you'll want to sign up for January 9th and 10th, 2024. On January 11th, 2024, those teachers who joined us for two days in July will have a "follow-up" day that will complete their new teacher training. More information to come but save the date and share with any new teachers you know!
- 2. So what about Middle School Health Science? Listen to this 24 minute podcast from "Innovations in Education" Listen
- 3. **Obesity drug Wegovy** found to cut rate of heart attacks by patients already taking heart medication by 28%, cardiovascular deaths by 15%, and stroke incidents by 7% (More)
- 4. Mortician shows every step a body goes through at a funeral home
- 5. Socrative is not just another quiz system for the classroom, it's one designed with live interactions in mind. That means teachers can see students working digitally, live, and can give feedback in the most helpful way. This is a very easy to use tool that's readily available across devices, so it can be used with little training and on students' devices. Full Story: Tech & Learning
- 6. New technology helps state officers, clinicians provide mental health care Route Fifty (route-fifty.com) The state of Oklahoma is offering tablets loaded with telehealth link to mental health professionals for police and others working in the field.
- 7. Explore what forensic anthropologists, law enforcement, and investigators can learn by examining human skeletal remains. These are replica skulls from **REAL** homicides, accidents, & suicides. Personal discretion is advised. **Ages 16 & Up.** It's Forensic Night at the Museum of Osteology! Forensic Night | Skeleton Museum THIS FRIDAY, November 17th at 6:30pm
- 8. Are you attending ACTE VISION 2023 (Nov. 29-Dec. 2) in Phoenix It is exciting that ACTE is offering several thoughtful sessions on mental health issues in career and technical education (CTE). A diverse group of subject matter experts will share invaluable knowledge on student and educator well-being, trauma, resiliency and more:
 - Attacking the Chaos Caused by Social Media in CTE
 - Bridging the Academic Gap by Infusing Social and Emotional Learning (SEL) into CTE Instruction
 - Building Student Resiliency
 - Connecting Social and Emotional Learning with Career and College Readiness
 - Intro to Trauma and Impact for CTE
 - Mindfulness in the Classroom
 - Puppy Love: A Positive Source of Treatment
 - Regulators: We Ride at Dawn!
 - Save a Life from Suicide with QPR for CTE
 - Student Emotional Well-being: What Can I Do?
 - Working Together: Finding Ways to Integrate SEL and Career Counseling
- 9. <u>60 Seconds of Kindness | CharacterStrong</u> Learn how to make your workplace, or your classroom a great place to be by implementing <u>60 Seconds of Kindness</u>.
- 10. The CTE Research Network recently published a report that analyzes the perceptions and opinions of CTE held by the general public and parents' support of CTE policies. Researchers discovered that CTE enjoys widespread support by the public and that it may see even more support when framed as a workforce development pathway. Read more.
- 11. As an avid reader, I've always loved the library, but apparently there are ways your <u>public library can help</u> you save money!
- 12. Enhancing Education: The Power of Active Learning Classrooms: Encouraging the use of an active learning classroom is a focus of John Kerrigan, Director of Curriculum & Instruction at Middletown Township Public Schools in New Jersey. His version features an alternative classroom arrangement with wall-to-wall

whiteboards, collaborative seating, and the teacher's desk in the middle of the room. "This type of classroom promotes a 'guide on the side' approach to teaching and learning, making the instructor one with the students rather than the sole dispenser of information in front of the room," says Kerrigan. Full Story: Tech & Learning (10/27)

- 13. Get your students up and moving with Visible Body's body motion lab, which showcases interactive 3D muscle actions in VB Suite. In this lab, students will learn and examine primary muscle movers responsible for actions like flexion/extension, abduction/adduction, and more. Complementing this lab is a lesson plan that outlines the objectives and provides access to supplementary resources.

 Download the muscle movement lab and lesson plan.
- 14. <u>YouGlish</u> is a great resource for learning to correctly pronounce words. As the name suggests, this is setup for English speakers and uses YouTube to deliver those guidance videos. But it goes beyond that to many language options, making for an ideal tool to work with ELL and ESL students.
- 15. A mobile ankle-foot exoneuromusculoskeleton that works as a rehabilitation robot to help stroke patients with hemiplegia has been developed by Hong Kong Polytechnic University researchers. The robotic device for improving lower limb function and gait detects different walking forms and helps patients stand on their affected foot stably. Full Story: MobiHealthNews

We are just over a week away from Thanksgiving—Check out this "<u>Happiness Calendar</u>" for educators for November 2023 as shared in Greater Good Magazine!

"A step backward, after making a wrong turn, is a step in the right direction."

- Kurt Vonnegut

Sincerely, Lara Morris State Program Manager | Health Careers Education



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