



**OKLAHOMA**  
**CareerTech**



Oklahoma Summit

August 2, 2024

Tulsa Convention Center

Time	Grand Ballroom A	B1	B2	B3	Riverside/Utica	Boston/Brady	Cherry/ Greenwood	
8:00-9:15	-Holly's Highlights -OATFCS Awards -District Pictures						<b>9:20-1:45</b> Culinary Arts/Hospitality teachers ( <b>Occupational teachers only</b> ) -One Eats Kitchens, 15 E 5 <sup>th</sup> Street, Tulsa	
9:15-9:45		<b>Partner with Prairie Quilt: Your Classroom Connection for Sewing, Embroidery and more</b> -Sheila Duell	<b>OKFCS in the Big City: NYC WindowsWear Fashion Design Experience</b> -Jody Webber -Mary Dushane -Kaitlyn Kirksey	<b>Middle School Resources and Creative Testing Ideas</b> -Richard Boone	<b>Curriculum Showcase</b>		Early Care & Education/ Teacher Prep  <b>(Occupational teachers only)</b>  Sharing Best Practices	
9:55-10:25		<b>Teaching Agriculture through Food, Fiber, and Nutrition in the FCS Classroom</b> -Emily Ague, Ag in the Classroom	<b>The Power of One, The Power of FCCLA</b> -State Executive Council	<b>CCFCS Updates</b> -Arnessa Dotson	<b>Curriculum Showcase</b>			
10:35-11:05		<b>Realityworks</b>	<b>The Power of One, The Power of FCCLA</b> -State Executive Council	<b>Butter Up Your Leadership</b> -Zeb Kelly	<b>eDynamics Learning</b>			
11:15	<b>FCS Luncheon- Grand Ballroom A</b>							
11:50	<b>FCCLA Updates</b>							

Time	Grand Ballroom A	B1- East	B2-Central	B3-West	Riverside/Utica	Boston/Brady	Cherry/ Greenwood
12:30-1:00	Roundtables	iCEV	Bringing FCCLA to Life in Your Classroom -Amanda Faulkenberry	What AI can do for you -Candace Cregan		Middle School -Julie Hannenman	
1:10-1:40		AdoptED -Emma Humphrey -Elizabeth Saldana -Lauren Frost, Miss Oklahoma	Goodheart-Willcox	Understanding Alzheimer's and Dementia -Dr Laura Garrett			
1:50-2:20			Pearl House -Clara Sackey	All Hat and No Cattle: Is your Hope Real or Just a Feather in Your Hat? -Brittany Crane -Katlyn Hudgins	From the Fire back to the Frying Pan -Chef Lori Domke		
2:30-4:00		North Region meeting	Southeast Region meeting	South Region meeting	Northeast Region meeting		
<b>Wishing you a FANTASTIC school year!</b>							

## Workshop descriptions

**AdoptED - Redefining Adoption Education** AdoptED provides a virtual curriculum designed to educate, bring awareness, and increase empathy for all individuals involved in the adoption process. The program is Free, Engaging, and Fun! It is self-paced, accessible on any device, and provides factual adoption information. AdoptED is your resource when learning about modern adoption.

**All Hat and No Cattle: Is your Hope Real or Just a Feather in Your Hat?** During this presentation you will learn about the Hope-Action Theory and how it can be utilized when advising and supporting students in their career development process. In addition, you will learn a variety of strategies and activities to enlighten students of all backgrounds. We also will explore how hope can improve a students' mental well-being to make their transitions to postsecondary education (including CareerTech), the military or workforce more seamless.

**Bringing FCCLA to life in your FCS Classroom.** Useful ways to incorporate FCCLA into your classroom. Look at how to incorporate competitive events and National programs along with adding excitement for FCCLA in those first couple of weeks of school.

**Butter Up Your Leadership-** Join Zeb Kelly, a current junior at OSU, as he introduces you to the diverse leadership styles, we all possess. In this engaging workshop, Zeb will showcase one of his favorite OSU clubs and guide you through the process of making homemade butter. Get ready to roll up your sleeves and experience the art of butter churning firsthand while also learning how everyone's leadership skills may differ. By working together, we can achieve great things. Whether you're a seasoned chef or a culinary novice, this workshop promises to be fun and educational.

**CCFCS Updates-** The Curriculum Center for Family and Consumer Sciences has numerous teaching strategies that align to your FCS courses. Hear from a CCFCS representative about how you can incorporate these strategies into your current courses and curriculum.

**Curriculum Showcase-** Five teachers will share their successful classroom assignments/activities for a chance to win a stipend to Vision 2025.

**eDynamics Learning-** eDynamic Learning is the largest publisher of Career and Technical Education (CTE) and elective courses in North America offering online digital courses for middle and high schools. Discover new resources to use in your classroom.

**From the Fire back to the Frying Pan:** Do you ever wonder how to fit in Nutrition, Planning and Serving Meals, Using a Recipe, Kitchen Equipment, Kitchen Safety, Fruits, Vegetable & Grains, Milk, Yogurt & Cheese, and Proteins into your curriculum and meet all your objectives? We will set a more in-depth pacing/planning that will meet the NASAFACS standards and objectives while teaching the students what they need to survive, and even flourish in the kitchen. Join Chef Lori Domke, who will give you some ideas on how to get Nutrition, Sanitation, Safety, Basic Kitchen knowledge, and cooking labs into your 40-minute classes.

**Goodheart-Willcox-** There's a lot that's new with Goodheart-Willcox! I will share our new and current titles for FCS, provide a demo of resources and share tools for teachers available on our website.

**iCEV-** Hear about the latest and greatest curriculum, resources and certifications iCEV has to offer.

**Middle School Resources and Creative Testing Ideas-** Do you teach middle school and need some new ideas or resources? Attend this workshop to learn about some creative things you can do in your class.

**OKFCS in the Big City: NYC WindowsWear Fashion Design Experience-** Come here about the fantastic professional development opportunity these teachers had this summer. Learn about the opportunities they got to explore in New York City's fashion district,

**Pearl House-** Updates about ways your FCCLA chapter can help the Pearl House and their efforts to furnish their Home Ec classroom.

**The Power of One, The Power of FCCLA** - join this interactive, hands-on workshop to learn about the 2024-25 Oklahoma FCCLA National Program focus: The Power of One! This National Program focuses on helping members to find and use their personal power. After the session, you'll be ready to take this program back to your chapter and help members now and in the future with school, friends, family, and on the job.

**Realityworks-** Hear from Realityworks representatives about the innovative training tools and comprehensive curriculum that provide engaging skill development and career exploration opportunities.

**Teaching Agriculture through Food, Fiber and Nutrition in the FCS Classroom-** Join a representative from Ag in the Classroom to explore great lessons and resources for your classroom

**Understanding Alzheimer's and Dementia-** Exploring the multifaceted landscape of Alzheimer's and Dementia impact, stages and risk factors, and available research and treatments for symptom management.

**What can AI do for you?** - Magic School AI can help lighten your load and free up some of the time you spend on tedious tasks.

## FCS Roundtables

Table Number	Presentation description	Presenter
1	<b>Active Aging for L.I.F.E.-</b> Come find out how you and your students can participate in the OSU Active Aging for L.I.F.E. Program. The goal of this grant funded program is to bridge intergenerational divides in 6 rural county high schools. Through the program, adults 60 years and older and college students are trained on the principles of longevity, independence, fitness and engagement (L.I.F.E.) and become L.I.F.E. leaders. The L.I.F.E. leaders then meet with high school students in four sessions and the three generations have the opportunity to talk about healthy aging while creating positive community bonds. This is an opportunity for high school students to learn about the life choices that will positively impact their future selves.	Emily Roberts, OSU
2	<b>Intro to Hospitality &amp; Tourism project-</b> The class recreates life at the beginning of statehood, while incorporating Touring Oklahoma curriculum. Oklahoma symbols, foods, and events are used to help students appreciate our state.	Hannah O'Donnell, Blackwell HS
3	<b>Opportunity Funds - What Can I Do?</b> What is opportunity funds scholarship? Ideas of opportunity funds project ideas. How to apply for opportunity funds. How to share what you gained from your project.	Rita Hartwick, Enid HS
4	<b>Fashion Design Community Service Projects</b> Using your time in Fashion Design/Construction to do something meaningful for a community. (Personally, my students learned sewing while making pillowcase dresses for girls in Honduras)	Kayla Houchin, Lone Grove HS
5	<b>OKFCS in the Big Apple: WindowsWear professional development</b>	Karin Davis, Tulsa Tech Fashion Design Lisa Favalora, Cushing HS
6	<b>Sourdough Starter</b>	Emily Colvin, Vinita HS
7	<b>AI Tools: Work Smarter, Not Harder!</b> Are you ready to revolutionize your classroom and elevate your teaching strategies with cutting-edge technology? Join us as we discuss a variety of AI tools that can streamline your workflow, enhance student engagement, and personalize learning experiences. Learn practical applications and leave with the confidence to integrate these tools seamlessly into your daily teaching practices.	Eva Woolman, Northeast Tech Jalee Victory, Cordell HS
8	<b>Food Truck Frenzy</b> Looking for a great food project? Food truck frenzy allows for individual or partner creativity. Two options for differential instruction. Students compete, with one menu option, for "celebrity" judges. Many areas to excel and use developed cooking skills.	Jeanine Clark, Pryor HS
9	<b>Empowered: A classroom management tool and so much more</b>	Tracy Bloom, Tahlequah HS

10	Service Projects and Connecting them to WBL and ICAP	Carrie Snyder-Renfro, John Marshall HS
11	Beginning of the Year Team Building Games/Activities	Sonya Shirey
12	FCCLA at the Table	Audrey Rice
13	FCCLA in the Classroom	Kaitlind Anderson
14	<b>Become the FCSE Mentor You Are Meant To Be!</b> -This is the year to mentor several of your students to become FCS educators! You'll hear strategic and effective insights you can use throughout the year from Dr. Tripp and others so that we will have a stage full during the FCCLA State Convention Say Yes to FCSE Signing Ceremony!!	Dr. Paula Tripp
15	<b>The Fixed Monthly Budget</b> - How do you save money? How do you make a budget? Do you need a monthly budget? Why do you need a budget? I will also teach how to save when you can't. This is \$1. at a time that will equal \$5050.00.	Kimberly Frost
16	<b>Incorporating Marketing in all FCS Classes-</b>	Mary Dushane
17	<b>Elevate Your Teaching - An Overview of the National Board Certification Process-</b> Is becoming a National Board Teacher one of your professional goals? Do you wonder how or where to begin the process? If so, this will be the round table for you. You will be given a brief overview of the NBCT process, timeline and the area of certification that works best for FCS teachers.	Kelly Brock
	<b>Simple Hand Sewing Notebook</b> A simple sewing sample notebook is an essential tool for students learning sewing. It provides a hands-on experience that helps students develop sewing skills and techniques. The notebook includes step-by-step instructions and practice for different stitches, helping students gain confidence and proficiency. Having a sample notebook allows students to practice sewing in a structured manner. It includes foundational stitches and how to sew on a button.	