

## **Badge Details**

Name	5311 – Basic Life Support
Description	The AHA's BLS course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED. Reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).
Criteria	<ul> <li>This course teaches:</li> <li>High-quality CPR for adults, children, and infants</li> <li>The AHA Chain of Survival, specifically the BLS components</li> <li>Important early use of an AED</li> <li>Effective ventilations using a barrier device</li> <li>Importance of teams in multirescuer resuscitation and performance as an effective team member during multirescuer CPR</li> <li>Relief of foreign-body airway obstruction (choking) for adults and infants</li> </ul>