

# LPC ACADEMIC WORKSHEET

Applicant's name: \_\_\_\_\_ Date: \_\_\_\_\_

University: \_\_\_\_\_ Degree: \_\_\_\_\_

## **CORE COURSES – All courses must be 3 semester hours\* (total at least 27 semester hours)**

**A. Human growth and development – at least 1 course.** Each course which deals with the process stages of human intellectual, physical, social and emotional development of any of the stages of life from prenatal through old age.

1. \_\_\_\_\_

**B. Abnormal human behavior – at least 1 course.** Each course which offers a study of the principles of understanding dysfunction in human behavior or social disorganization.

1. \_\_\_\_\_

**C. Appraisal/assessment techniques – at least 2 courses.** Each course which deals with the principles, concepts and procedures of systematic appraisal, assessment, or interpretation of client needs, abilities, and characteristics, which may include the use of both testing and non-testing approaches.

1. \_\_\_\_\_ 2. \_\_\_\_\_

**D. Counseling theories/methods – at least 2 courses.** Each course which surveys the major theories and/or techniques of counseling.

1. \_\_\_\_\_ 2. \_\_\_\_\_

**E. Professional orientation/ethics – at least 1 course.** Each course which deals primarily with the objectives of professional counseling organizations, codes of ethics, legal aspects of practice, standards of preparation and the role of persons providing direct counseling services.

1. \_\_\_\_\_

**F. Research – at least 1 course.** Each course which deals with the methods of social science or mental health research which includes the study of statistics or a thesis in an area relevant to the practice of counseling.

1. \_\_\_\_\_

**G. Practicum/internship - at least 1 course equaling at least 300 clock hours.** An organized practicum with planned experiences providing classroom and field experience with clients under the supervision of college or university approved counseling professionals.

1. \_\_\_\_\_

## **ELECTIVE COURSES – at least 5 courses of at least 3 semester hours each (total at least 15 semester hours)**

**H. Group dynamics**

\_\_\_\_\_  
**I. Life style & career development**

\_\_\_\_\_  
**J. Social & cultural foundations**

\_\_\_\_\_  
**K. Personality theories**

\_\_\_\_\_  
**L. Crisis intervention**

\_\_\_\_\_  
**M. Marriage/family counseling**

\_\_\_\_\_  
**N. Addictions counseling**

\_\_\_\_\_  
**O. Rehabilitation counseling**

**P. Gerontology**

\_\_\_\_\_  
**Q. Human sexuality**

\_\_\_\_\_  
**R. Counseling with children/adolescents**

\_\_\_\_\_  
**S. Clinical supervision**

\_\_\_\_\_  
**T. Psychopharmacology**

\_\_\_\_\_  
**U. Consultation**

\_\_\_\_\_  
**V. Physical & Emotional Health**

\_\_\_\_\_  
**W. Grief Counseling**

## ADDITIONAL COURSES

Using the key below, please use the corresponding letter beside each academic category to document the remaining graduate courses on your transcript in order to reach the **60-semester hour requirement** (ex. B. Abnormal human behavior = Academic Category: B).

### Academic category Key:

- |                                    |                                    |                               |   |
|------------------------------------|------------------------------------|-------------------------------|---|
| A. Human growth and development    | E. Professional orientation/ethics | K. Personality theories       | R. Counseling with children/adolescents |
| B. Abnormal human behavior         | F. Research                        | L. Crisis intervention        | S. Clinical supervision                 |
| C. Appraisal/assessment techniques | G. Practicum/internship            | M. Marriage/family counseling | T. Psychopharmacology                   |
| D. Counseling theories/methods     | H. Group dynamics                  | N. Addictions counseling      | U. Consultation                         |
|                                    | I. Life style/career development   | O. Rehabilitation counseling  | V. Physical & emotional health          |
|                                    | J. Social and cultural foundations | P. Gerontology                | W. Grief Counseling                     |
|                                    |                                    | Q. Human Sexuality            |   |

1. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
2. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
3. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
4. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
5. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
6. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
7. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
8. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
9. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
10. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
11. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
12. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
13. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
14. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
15. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
16. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
17. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
18. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
19. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_
20. Name of Course: \_\_\_\_\_ Number of Hours: \_\_\_\_\_ Academic Category: \_\_\_\_\_