

## Pharmacy Services

(800) 522-0114, option 4

May 7, 2018

SoonerCare Providers,

The Oklahoma Health Care Authority is engaged in an effort to improve the quality of prenatal care for our members. A recent review of pharmacy claims between 2012 and 2017 showed the following:

- The percentage of members **utilizing a prenatal vitamin** compared to deliveries has **dropped from 76% to 61%**.
- Most pregnant members only had **two paid claims** for prenatal vitamins.

Your pivotal role as a pharmacist can help increase appropriate and cost-effective use of prenatal vitamins. Maternal nutrition, including adequate vitamin and mineral intake before and during pregnancy, can improve chances of having a healthy pregnancy and can reduce the baby's risk of developing health issues later in life, including diabetes, obesity, and heart disease<sup>1,2</sup>. Prenatal vitamins can assist mothers-to-be to meet the required daily nutrient intake for a healthy pregnancy<sup>3</sup>.

**It is important to note the following regarding coverage of prenatal vitamins:**

1. **Preferred** prenatal vitamins **do not require a prior authorization** (see attached list); and
2. Prescriptions for prenatal vitamins **do not count towards monthly prescription limits**; and
3. All preferred prenatal vitamins have a **\$0 copay** when filled as a prescription

To make this efficient for pharmacies, prescribers, and members, all prescribers of prenatal vitamins will receive a letter explaining the prenatal vitamin coverage along with the list of preferred prenatal vitamins. This letter includes guidance that prescriptions for preferred products may be written as "**prenatal vitamins with folic acid 1mg**", and that other desired ingredients can be specified if necessary, such as "plus DHA". Please choose a prenatal vitamin from the attached list to fill the prescription. If no product on the list contains all the specified components written on the prescription, please work with the provider to use a preferred product before submitting a prior authorization.

Please note that a prior authorization is required for most brand-name prenatal vitamins. However, the Citranatal® line of products are preferred and do not require prior authorization. Updated versions of the preferred prenatal vitamin list can be accessed at <http://www.okhca.org/rx>, by clicking on "Prenatal Vitamin List." This list may change from time to time based on market conditions.

Thank you for the services you provide to Oklahomans insured by SoonerCare!

References:

1. Proctor SB, Campbell CG. Position of the Academy of Nutrition and Dietetics: Nutrition and Lifestyle for a Healthy Pregnancy Outcome. *J Acad Nutr Diet* 2014; 114:1099-1103.
2. Sauder KA, Starling AP, Shapiro AL, et al. Exploring the association between maternal prenatal multivitamin use and early infant growth: The Healthy Start Study. *Pediatr Obes* 2016; 11(5): 434-41.
3. Kaiser LL, Campbell CG. Practice paper of the Academy of Nutrition and Dietetics: Nutrition and Lifestyle for a Healthy Pregnancy Outcome. Available online at: <http://www.eatrightpro.org/resource/practice/position-and-practice-papers/practice-papers/practice-paper-nutrition-and-lifestyle-for-a-healthy-pregnancy-outcome>. Published July 1 2014. Last accessed 02/15/2018.

## SoonerCare Preferred Prenatal Vitamins

NDC Code	Description	Description Detail
00178-0796-30	CITRANATAL HARMONY	#59/IRON CARBONYL & FUMARATE/FA/DSS/DHA
00178-0821-30	CITRANATAL 90 DHA	#72/IRON CARBONYL & GLUCONATE/FA/DSS/DHA
00178-0832-30	CITRANATAL B-CALM	#48/IRON CB&GLU/FA/B6 ORAL 20-1-25 MG TABLET SEQ
00178-0858-90	CITRANATAL RX	#81/IRON CARBONYL & GLUCONATE/FA/DSS
00178-0891-30	CITRANATAL ASSURE	#73/IRON CARBONYL & GLUCONATE/FA/DSS/DHA
00178-0894-30	CITRANATAL DHA	#76/IRON CARBONYL & GLUCONATE/FA/DSS/DHA
00642-0070-30	VITAFOL-ONE	#26/IRON POLY/FA/DHA ORAL 29-1-200MG CAPSULE
00642-0075-30	SELECT-OB + DHA	#33/IRON/FA/DHA ORAL 29-1-250MG COMBO. PKG
00642-0076-30	VITAFOL-OB+DHA	COMB #10/IRON/FA/DHA ORAL 65-1-250MG COMBO. PKG
00642-0079-12	VITAFOL-OB	COMB #10/IRON/FA ORAL 65 MG-1 MG TABLET
00642-0093-30	VITAFOL ULTRA	#67/IRON POLYSACCHARIDES/FA CMB NO.1/DHA
00642-0094-30	VITAFOL NANO	COMB #75/FERROUS FUMARATE/FOLATE COMB #1
00642-0096-30	VITAFOL FE+	#102/IRON POLYSACCH/FOLATE NO.1/DSS/DHA
00642-0120	SELECT-OB	#13/IRON POLYSACCHARIDES/FA CMB NO.1
00642-0125	VITAFOL GUMMIES	#112/IRON/FA/OMEGA-3/DHA/EPA/OTHER OMEGA-3S
13811-0007-10	TRINATAL RX 1	#27&CALCIUM/IRON/FA ORAL 60 MG-1 MG TABLET
13811-0010-30	COMPLETE NATAL DHA	#2/IRON B-G SUC-P/FA/OMEGA-3 ORAL 29-1-250MG COMBO. PKG
13811-0014-90	COMPLETENATE	#14/FERROUS FUM/FOLIC ACID ORAL 29 MG-1 MG TAB CHEW
13811-0514-10	VOL-NATE	#73/IRON/FA ORAL 28 MG-1 MG TABLET
13811-0049-30	ULTIMATECARE ONE	W-CA #37/IRON/FA/OMEGA-3 ORAL 27-1-330MG CAPSULE
13811-0516-90	VOL-TAB RX	#76/IRON,CARB/FA ORAL 29 MG-1 MG TABLET
13811-0519-01	VOL-PLUS	WITH CA, #71/IRON/FA ORAL 27 MG-1 MG TABLET
13811-0519-50	VOL-PLUS	WITH CA, #71/IRON/FA ORAL 27 MG-1 MG TABLET
13811-0535-30	FOLIVANE-OB	#15/IRON FUM & PS CMP/FA ORAL 85 MG-1 MG CAPSULE
13811-0536-30	TARON-C DHA	#16/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE
13925-0116-01	SE-NATAL 19	FE FUM/DOSS/FA ORAL 29 MG-1 MG TABLET
13925-0117-01	SE-NATAL 19	FE FUMARATE/FA ORAL 29 MG-1 MG TAB CHEW
39328-0106-10	PRENATAL PLUS LOW IRON	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1041-05	PRENATA	#37/IRON/FOLIC ACID ORAL 29 MG-1 MG TAB CHEW
44946-1045-01	PRENATAL PLUS	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1045-04	PRENATAL PLUS	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1045-09	PRENATAL PLUS	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1046-00	PNV FOLIC ACID + IRON	COMBO #60/FERROUS FUMARATE/FOLIC ACID
52747-0504-30	PROVIDA OB	#65/IRON FUMARATE & POLYSAC COMPLEX/FOLIC ACID
52747-0620-30	CONCEPT OB	#15/IRON FUM & PS CMP/FA ORAL 85 MG-1 MG CAPSULE
52747-0621-30	CONCEPT DHA	#16/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE
63044-0150-01	PRENATAL PLUS LOW IRON	WITH CA, #72/IRON/FA ORAL 27MG 1MG TABLET
63044-0150-05	PRENATAL PLUS LOW IRON	WITH CA, #72/IRON/FA ORAL 27MG 1MG TABLET
63044-0154-63	INATAL ULTRA	#18/IRON CB/FA/DSS ORAL 90-1-50 MG TABLET
75834-0050-01	NIVA-PLUS	WITH CA, #74/IRON/FA ORAL 27 MG-1 MG TABLET
76439-0233-60	VP-GGR-B6	FA/B6/CALCIUM PHOS/GINGER ORAL 1.2-40-100 TABLET
76439-0267-90	PNV 29-1	VIT #76/IRON, CARB/FA ORAL 29MG – 1MG TABLET
76439-0270-90	VIRT-VITE GT	#16/IRON CB/FA/DSS ORAL 90-1-50 MG TABLET
76439-0273-10	PNV-FER FUMARATE DOCU FA	COMB #115/IRON FUMARATE/FOLIC ACID/DSS
76439-0331-30	VIRT-C DHA	#16/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE
76439-0357-90	VIRT-ADVANCE	#15/IRON CB/FA/DSS ORAL 90-1-50 MG TABLET

\*Covered products as of January 18, 2018, please check OHCA website ([www.okhca.org/rx](http://www.okhca.org/rx)) periodically for updated lists.