

# Nutrition Counseling Benefit

**FREE** Advice from a Registered Dietitian

6 HOURS YEARLY

ADULTS & CHILDREN

INTELLECTUALLY DISABLED

ELIGIBLE FOR PART B OF MEDICARE

PREGNANT WOMEN

**Obesity** +

Body Mass Index (BMI) of 30 or higher



High Blood Pressure



Heart Disease



Cancer



Stroke



Diabetes



Kidney Disease



Asthma

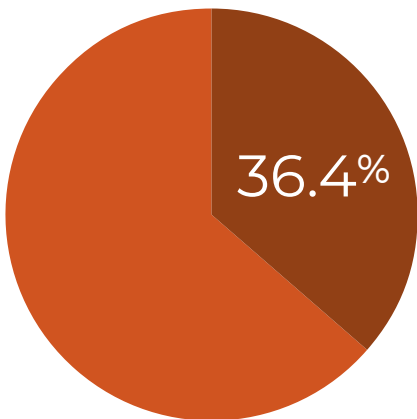


Other Disease

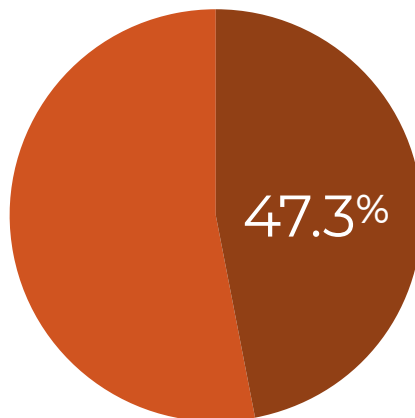
OBESITY CAN LEAD TO OTHER CHRONIC DISEASES

## Obesity Rate

OBESITY IN OKLAHOMA



SOONERCARE MEMBERS



Most SoonerCare Members **(71.2%)** don't know about the **nutrition counseling benefit**.

Learn more at:  
[Oklahoma.gov/okhca/nutrition-services](http://Oklahoma.gov/okhca/nutrition-services)

**Refer your patients today.**



**OKLAHOMA**  
Health Care Authority