

# Diabetes Self-Management Education and Support Services Benefit



Adults and children covered under SoonerCare may have up to 10 hours of training that provides the member with the knowledge, skill and ability necessary for diabetes self-care. This must be prescribed by a physician or qualified non-physician provider who is actively managing the member's diabetes.

## Payment is made for diabetes education and support services as set forth below:

**Adults:** Payment is made for medically necessary diabetes education and support services provided by eligible providers (registered dietitians, registered nurses, pharmacists, Certified Diabetes Care and Education Specialist (CDCES) or Board-Certified Advanced Diabetes Management (BC-ADM) for units allowed. Services include:

- One hour of individual instruction, consisting of a face-to-face encounter between the diabetes educator and the member,
- Nine hours of group instruction,
- After the first 12-month period has concluded, the member will be eligible for two hours of individual or group support instruction per calendar year.

**Children:** Payment is made for medically necessary diabetes education and support services for members under 21 years of age, provided by eligible providers. Diabetes education and support services for children is the same as for adults. Additional diabetes education training services may be covered under EPSDT provisions found at 317:30-3-65 and 317:30-3-65.11.

**If you have questions or need more information, SoonerCare members should call the SoonerCare helpline at 800-987-7767.**