

Nutrition Counseling Benefit

FREE Advice from a Nutrition Expert

6 HOURS YEARLY

ADULTS & CHILDREN

INTELLECTUALLY DISABLED

ELIGIBLE FOR PART B OF MEDICARE

PREGNANT WOMEN

Obesity +

Body Mass Index (BMI) of 30 or higher



High Blood Pressure



Heart Disease



Cancer



Stroke



Diabetes



Kidney Disease



Asthma

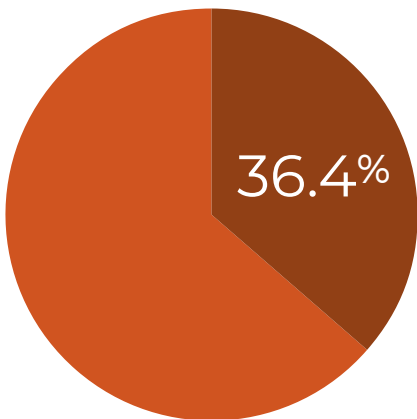


Other Disease

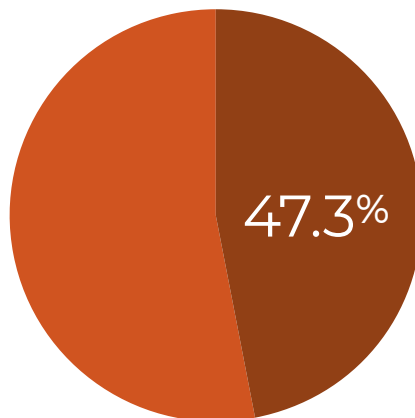
OBESITY CAN LEAD TO OTHER CHRONIC DISEASES

Obesity Rate

OBESITY IN OKLAHOMA



SOONERCARE MEMBERS



Most SoonerCare Members (71.2%) don't know about the **nutrition counseling benefit**.

Learn more at:
Oklahoma.gov/okhca/nutrition-services

Ask your doctor for a referral today.



OKLAHOMA
Health Care Authority