

# What Do the Leading Health and Medical Authorities Say About Community Water Fluoridation?

"Community water fluoridation is the single most effective public health measure to prevent tooth decay. ... For nearly 70 years, studies have consistently shown that fluoridation of community water supplies is safe and effective in preventing dental decay in both children and adults. ... The American Dental Association continues to endorse fluoridation of community water supplies as safe and effective for preventing tooth decay. This support has been the Association's position since policy was first adopted in 1950."

**American Dental Association (ADA)**

"Tooth decay is the most common chronic disease of childhood, and water fluoridation is one of the most important public health initiatives in the 20th century. The AAP agrees that water fluoridation is beneficial for reducing and controlling tooth decay and promoting oral health in children and adults."

**American Academy of Pediatrics (AAP)**

"For 65 years, community water fluoridation has been a safe and healthy way to effectively prevent tooth decay. CDC has recognized water fluoridation as one of 10 great public health achievements of the 20th century."

**Centers for Disease Control and Prevention (CDC)**

"The American Academy of Family Physicians supports fluoridation of public water supplies as a safe, economical, and effective method to prevent dental caries."

**American Academy of Family Physicians (AAFP)**

"Community water fluoridation is credited with significantly reducing caries incidence in the United States, and it was recognized as one of the 10 great public health achievements of the 20th century. Evidence continues to show that community water fluoridation is effective, safe, and inexpensive, and it is associated with significant cost savings"

**Institute of Medicine (IOM)**

"Water fluoridation is safe and the most cost-effective public health measure to prevent tooth decay for everyone, regardless of age. Tooth decay is the most common chronic disease, affecting almost everyone; and since the advent of fluoridation, the prevalence of tooth decay, especially among children, has markedly decreased."

**American Public Health Association (APHA)**

"People of all ages, including the elderly, benefit from community water fluoridation. ... Fluoridation of water supplies, where possible, is the most effective public health measure for the prevention of dental decay. ... The consensus among dental experts is that fluoridation is the single most important intervention to reduce dental caries, not least because water is an essential part of the diet for everyone in the community, regardless of their motivation to maintain oral hygiene or their willingness to attend or pay for dental treatment."

**World Health Organization (WHO)**

CAMPAIGN FOR  
**DENTAL HEALTH**  
life is better **WITH TEETH**

Visit our website at [www.iLikeMyTeeth.org](http://www.iLikeMyTeeth.org)