

# PrEP

## What is PrEP?

- Pre-Exposure Prophylaxis (PrEP) when taken daily, by people who are HIV negative, can reduce the risk of getting HIV from sex by over 90%, and reduces the risk by more than 70%, among people who inject drugs.
- PrEP works by preventing HIV from entering and using the immune system to spread throughout your body.
- The risk of getting HIV can be lowered even further by taking PrEP and using condoms.

## Who Needs PrEP?

### PrEP may be helpful if:

- You identify as a gay or bisexual male, or a man who has sex with men, AND...
- Have a HIV positive sex partner,
- Have multiple sex partners, or a sex partner with multiple sex partners (including people who may exchange sex for money, drugs or life needs),
- Have anal sex without a condom (both as the receiver and giver), or
- Have recently had a STD/STI (in last 6 months).

You identify as a heterosexual male or female, AND...

- Have a HIV positive sex partner,
- Have a HIV positive sex partner and are considering getting pregnant,
- Have multiple sex partners, or a partner with multiple sex partners (including people who may exchange sex for money, drugs or life needs), or
- Do not always use a condom during sex with people who inject drugs, men who have sex with men or a sex partner with unknown HIV status.

You use injection drugs, AND...

- Share needles or equipment used to inject drugs, also called "works" (in last 6 months),
- Have been in drug treatment (in last 6 months), and
- Identify with any of the additional items listed above.

For more information visit [cdc.gov/hiv/risk/prep](https://www.cdc.gov/hiv/risk/prep)

# PEP

## What is PEP?

- Post-Exposure Prophylaxis (PEP) is used to prevent HIV after possible exposure to the virus.
- PEP must be started within 72 hours of the exposure.
- PEP is effective in preventing HIV, but not 100%.

## Who Needs PEP?

If, in the last 72 hours, you have:

- Possibly been exposed to HIV during sex (for example - a condom broke during sex with a partner who is living with HIV),
- Shared needles and/or works to prepare drugs, or
- Have been sexually assaulted, then

Talk to a healthcare provider or emergency room care provider about starting PEP.

**PEP must be started within 72 hours of possible exposure.**



For more information visit [cdc.gov/hiv/risk/pep](https://www.cdc.gov/hiv/risk/pep)

## Visit a Healthcare Provider

You must be HIV negative to use PrEP or PEP. If you think PrEP or PEP may be right for you, a healthcare provider can provide more information on the cost, how to use it, and how to avoid activities which may lead to HIV exposure.



**SEXUAL HEALTH &  
HARM REDUCTION  
SERVICE**

## Oklahoma City Metro Area

### Clifford Wlodaver, MD

- Midwest City; 405-737-3100

### Deng Family Medicine Center

- Midwest City; 405-737-3278

### Faith Family Physicians

- Oklahoma City; 405-470-6900

### Fulcrum Clinic: [fulcrum-clinic.com](http://fulcrum-clinic.com)

- Oklahoma City; 405-546-7888

### Meridian Medical Center: [meridianmedcenter.com](http://meridianmedcenter.com)

- Oklahoma City; 405-601-3330

### OU Health Sciences Infectious Diseases Institute

- Oklahoma City; 405-271-6434

### Oklahoma City Indian Clinic\*

- Oklahoma City; 405-948-4900

### Rapid Start—OSDH

- For Rapid Start services, email your request [RapidStart@health.ok.gov](mailto:RapidStart@health.ok.gov) or call 405-426-8400

### SSM St. Anthony Healthplex: [ssmhealth.com](http://ssmhealth.com)

- Oklahoma City; 405-252-3450

### Diversity Family Health:

- [diversityfamilyhealth.com](http://diversityfamilyhealth.com)  
Oklahoma City; 405-848-0026

### Equality Health Group Foundation

- Oklahoma City; 405-761-2762

### Guiding Right, Inc.: [guidingright.org](http://guidingright.org)

- Oklahoma City; 405-733-0771 or 405-601-7686

### Healing Hands Health Care Services:

- [communityhealthok.org](http://communityhealthok.org)  
Oklahoma City; 405-272-0476

### Infectious Diseases Consultants of OKC

- Oklahoma City; 405-644-6464

### Mary Mahoney Memorial Health Center

- [communityhealthok.org](http://communityhealthok.org)  
Spencer; 405-769-3301

### New Hope Wellness Center:

- [nhwellnesscenter.org](http://nhwellnesscenter.org)  
Oklahoma City; 405-730-0771

### OU Family Medicine

- Oklahoma City; 405-271-4311

### Perry A. Klaassen Family Medical Center

- [communityhealthok.org](http://communityhealthok.org)  
Oklahoma City; 405-419-9800

### Planned Parenthood Great Plains

- Oklahoma City; 405-528-2157 or Edmond; 405-348-9904

### Revan Health: [revanhealth.com](http://revanhealth.com)

- Warr Acres; 405-896-7975

### Variety Care: [VarietyCare.org/you](http://VarietyCare.org/you)

- Oklahoma City; 405-632-6688

## Tulsa Metro Area

### Coweta Medical Group

- Coweta; 918-486-7425  
Visit [facebook.com/PREPclinicOK/](https://www.facebook.com/PREPclinicOK/) for clinic dates.

### Gamble Family Medical Practice

- Tulsa; 918-442-2236

### Pallavi Agarwal, MD

- Tulsa; 918-742-4900

### Health, Outreach, Prevention, Education, Inc. (H.O.P.E.)

- [hopetesting.org](http://hopetesting.org)  
Tulsa; 918-749-8378

### OKEQ Health Clinic: [okeq.org](http://okeq.org)

- 621 East 4th St. Tulsa, OK 74120 | 918-938-6537

## OSU Physicians Specialty Services Clinic

- Tulsa; 918-382-5058

## OU Family Medicine

- Tulsa; 918-619-4400

## Rapid Start—OSDH

- For Rapid Start services, please email your request to [RapidStart@health.ok.gov](mailto:RapidStart@health.ok.gov) or call 405-426-8400

## Utica Park Clinic

- Tulsa; 918-574-0350

## Cherokee Nation WW Hastings Indian Hospital\*

- Tahlequah; 918-458-3100

## Guiding Right, Inc.: [guidingright.org](http://guidingright.org)

- Tulsa; 918-986-8400

## Koweta Indian Health Facility\*

- Coweta; 918-279-3200

## OU Physicians Family Medicine Center

- Tulsa; 918-619-4600

## OU Physicians Schusterman Center

- Tulsa; 918-619-4400

## OU Physicians South Memorial

- Tulsa; 918-634-7600

## OU Physicians Wayman Tisdale Specialty Health

- Tulsa; 918-619-8700

## Planned Parenthood Great Plains

- Tulsa; 918-587-1101

## Near Oklahoma State Line

### Diversity Family Health: [diversityfamilyhealth.com](http://diversityfamilyhealth.com)

- Ardmore; 405-848-0026

### Planned Parenthood Great Plains

- Little Rock, AR; 501-666-7526 or Wichita, KS; 316-263-7575

### The Little Clinic

- Derby, KS; 316-554-2126, Wichita, KS; 316-529-3084, Wichita, KS; 316-651-2500, Andover, KS; 316-554-2606, Wichita, KS; 316-721-7385, or Wichita, KS; 316-729-1537

### Caring Hands Healthcare Centers

- McAlester, OK; 918-426-2442

### Callie Clinic

- Sherman, TX; 903-891-1972

### Cherokee Nation\*

- Vinita; 918-256-4800 or Jay; 918-253-1700

### CVS MinuteClinic (per Texas DSHS website)

- Denton, TX; 940-220-2123, Denton, TX; 940-382-1810, Flower Mound, TX; 972-874-8421, or Flower Mound, TX; 972-874-6709

### M-Care

- Wichita, KS; 316-461-0339

### Planned Parenthood of Greater Texas, Inc.

- Denton, TX; 940-891-0737, Paris, TX; 903-784-9916, Joplin, MO; 417-781-6500

### Rapid Start—OSDH

- For Rapid Start services, please email your request to [RapidStart@health.ok.gov](mailto:RapidStart@health.ok.gov) or call 405-426-8400

### Regence Health Network (per Texas DSHS website)

- Amarillo, TX; 806-374-7341

### Special Health Resources for Texas

- Texarkana; 903-792-5924

● MAY PRESCRIBE PrEP

● MAY PRESCRIBE PrEP & PEP

\* Must have a CDIB Card from a Federally Recognized Tribe for Services.