Subjective Cognitive Decline

Data from the 2015
Behavioral Risk Factor
Surveillance System

in Oklahoma

17 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS

that have been getting worse over the past year.





with SCD have talked to a health care provider about it.





80%
with SCD
have at least
one chronic
condition.

Among those with SCD...

41.5%

needed help
with household
chores.



had to give up day-to-day activities.

TWO in FIVE



say SCD interfered with social activities, work, or volunteering.

alzheimer's Sassociation



for more information:

www.alz.org/publichealth

www.cdc.gov/aging