

Type II Diabetes

Student Name:	DOB:
Parent Name:	Number:
Practitioner Name:	Practitioner Number:
Allergies:	Medication:

SEE NURSE OFFICE FOR DR'S ORDERS or DMMP

Overview

Type 2 diabetes occurs when your blood sugar levels become elevated and you develop insulin resistance. During insulin resistance, your body is no longer able to effectively respond to insulin, making it unable to fully absorb and use the sugar from the food you eat for energy. As a result, that sugar then stays in your blood, and can eventually bring about a chronic condition that can lead to serious health issues if it is not treated and managed. However, when type 2 diabetes is caught and addressed early, this process is completely reversible, and many of the symptoms and complications can be avoided. (*endocrineweb.com*, n.d.)

Symptoms

The following symptoms of diabetes are typical. However, some people with type 2 diabetes have symptoms so mild that they go unnoticed.

Common symptoms of diabetes:

- Urinating often
- Feeling very thirsty
- Feeling very hungry—even though you are eating
- Extreme fatigue
- Blurry vision
- Cuts/bruises that are slow to heal
- Tingling, pain, or numbness in the hands/feet (type 2) (*Type 2 Diabetes - Symptoms | ADA*, n.d.)

Accommodations:

HYPOGLYCEMIA SYMPTOMS



HYPERGLYCEMIA SYMPTOMS



(Strelnikova, 2016)

Created By:

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Reference

endocrineweb.com. (n.d.). <https://www.endocrineweb.com/conditions/type-2-diabetes>

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Type 2 Diabetes - Symptoms | ADA. (n.d.). <https://diabetes.org/diabetes/type->

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