

CHRONIC ILLNESS MANAGEMENT GUIDELINES
Routine and Annual Treatment Guidelines

Attachment B
OP-140137

Asthma ICD-9: 493.90	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Annual Peak flow or spirometry													
CAD ICD-9: 414.0	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Baseline EKG, then at providers discretion	Annual CBC	Annual CMP	Annual Fasting Lipid Profile										
COPD ICD-9: 496	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Routine Peak flow q 3 - 6 months or spirometry	Routine O2 sats. q 3 - 6 months if patient on oxygen												
Diabetes ICD-9: 250	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Routine Foot examination q 3 – 6 months	Annual dilated retinal examination	Annual CMP	Annual Fasting Lipid Profile	Annual urinalysis (dipstick)	HgbA1C q 3-6 months	Annual urine albumin-to-creatinine ratio if urine protein negative & patient is not on ACE inhibitor							
HIV: ICD-9 408	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Tetanus as indicated	Annual dilated retinal examination	Pap smear annual for female age 21-65	Routine Viral Load q 4 months	Routine CD4 q 4 months	Routine CBC q 4 months	Routine CMP q 4 months	Fasting Lipid Profile Annually	RPR Annually	Hepatitis A & B Vaccination (If no serologic immunity) HPV for < 27 years old,				
HTN ICD-9 401.9	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Pneumovax (see guidelines)	Baseline EKG, then at providers discretion	Annual fundoscopic examination (by provider)	Annual CBC	Annual CMP	Fasting Lipid Profile every 3 years	Annual urinalysis with protein (dipstick)								
Seizure ICD 9: 345.9	Annual Physical Examination	Annual Oral Examination (by provider)	Annual Flu Vaccine	Annual CMP	Annual neurologic and cognitive exam													
Hepatitis B ICD- 9: 070.32	Annual Physical Examination	Pneumovax in severe disease (see guidelines)	Annual Flu Vaccine	Hepatitis A series if not contraindicated or already immune	One Time HCV antibody with reflex RNA One time HIV screen	Every 6 months CBC CMP PT/INR AFP	Every 6 months Hep panel	Every 6 months HBV DNA	Every 6 months HBeAg	Anti-HBe Every 6 months	APRI and FIB-4 calculations Q 6 months https://www.hepatitisc.uw.edu	HBV Treatment in those with advanced fibrosis/cirrhosis or persistently elevated ALT with expert guidance	Bi-Annual Child-Pugh Score in severe disease	Abdominal/splenic Ultrasound for HCC screening Q 6 months	EGD every 2 – 3 years with cirrhosis and annual EGD in CTP class C			
Hepatitis C ICD-9: 070.70	Annual Physical Examination	Pneumovax in severe disease (see guidelines)	Annual Flu Vaccine	Hepatitis A & B vaccine series if not contraindicated or already immune	One Time HCV antibody with reflex RNA One time HIV screen	Annual CBC CMP in mild disease	Annual APRI and FIB-4 in all patients	HCV treatment work-up as per HCV policy		Bi-Annual Child-Pugh Score in severe disease	Bi-annual CBC, CMP, PT/INR, AFP In severe disease	EGD every 2 – 3 years with cirrhosis and annual EGD in CTP class C	Bi-Annual Abdominal Ultrasound in cirrhosis. APRI \geq 2.0, FIB-4 > 3.25; stigmata of liver disease or platelets \leq 120,000.					
Fatty Liver SNO MED	Annual Physical Examination	Annual Flu Vaccine	Hepatitis A & B vaccine series if not contraindicated or already immune		Annual CBC	Annual CMP	Annual Fasting Lipid	Annual Hemoglobin A1c	Annual PT/INR	Annual AFP	Annual Hepatitis Panel (CPL 162)	Annual APRI and FIB-4 calculations						

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Cirrhosis ICD 9: 571.5	Bi-Annual Physical Examination	Pneumovax (see guidelines)	Annual Flu Vaccine	Hepatitis A & B vaccine series if not contraindicat ed or already immune	One Time HCV screening with HCV ab with reflex RNA (CPL 4677)	One Time HBV screening with hepatitis Panel (CPL 162)	One Time HIV screening (CPL 3540)	Bi-Annual CMP	Bi-Annual CBC PT/INR	Bi-Annual AFP	Bi-Annual Child Pugh score calculation	Bi-Annual RUQ/splenic Ultrasound for liver cancer screening	EGD every 2 – 3 years annual EGD in CTP class C
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Seizure - Medication Table			
Phenytoin	Drug level – if seizures uncontrolled or toxicity symptoms present	Ethosuximide	Drug level – if seizures uncontrolled or toxicity symptoms present
Carbamazepine	Drug level – if seizures uncontrolled or toxicity symptoms present CBC – every 6 months CMP – every 6 months	Valproic Acid	Drug level – if seizures uncontrolled or toxicity symptoms present CBC – every 6 months CMP – every 6 months
Phenobarbital	Drug level – if seizures uncontrolled or toxicity symptoms present		

Pneumovax Vaccination Guidelines	
Who needs to be vaccinated?	Who needs a second dose?
<ul style="list-style-type: none"> • All unvaccinated adults age 65 years or older. (PPSV23 or Prevnar 20) • All adults who smoke. • All persons age 18-64 years who have chronic disease. • All persons who have anatomic asplenia or are immunocompromised. 	<p>One time revaccination is indicated for: (1) All adults who are at highest risk of pneumococcal disease or who have anatomic or acquired asplenia or are chronically immunocompromised, if 5 years have elapsed since the previous dose. No more than 2 doses are beneficial over a lifetime.</p> <p align="right">(R 03/24)</p>